





# Constable Neil Bruce Middle School

## October Meal Menu

**\*\*NOTICE TO PARENTS:** Although we normally stick to the meals posted on the menu, we reserve the right to change it at any time without notice if necessary. We do not recommend the Meals Program for those students with severe food allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Samosa w/Dip Fruit Bun Drink	<b>2</b> Pizza Fruit Drink 	<b>3</b> <b>Parent / Teacher Conferences NO LUNCH</b>	<b>4</b> <b>Parent / Teacher Conferences NO LUNCH</b>
<b>7</b> Chicken on a Kaiser with choice of lettuce/ Tomato/onion/ Cucumber Fruit Drink	<b>8</b> Tossed salad Fish Fillet Fruit Bun Drink	<b>9</b> Veggie Rice Meatballs Fruit Bun Drink	<b>10</b> Pizza Fruit Drink 	<b>11</b> <b>NO SCHOOL</b>
<b>14</b> <b>NO SCHOOL</b>	<b>15</b> Ham on a Kaiser with choice of lettuce/ Tomato/onion/ Cucumber Fruit Drink	<b>16</b> Baked Chicken Macaroni Salad Ben Fruit Drink	<b>17</b> Beef Hot Dog Veggies w/Dip Drink	<b>18</b> Pizza Fruit Drink 
<b>21</b> Roast Beef on a Kaiser with choice of lettuce/ Tomato/onion/ Cucumber Fruit Drink	<b>22</b> Cold Salad Plate Chicken Strip Fruit Drink	<b>23</b> Beef burger With choice of lettuce/onion/ Cheese/tomato Drink	<b>24</b> Pizza Fruit Drink 	<b>25</b> <b>NO SCHOOL</b>
<b>28</b> Turkey on a Kaiser with choice of lettuce/ Tomato/onion/ Cucumber Fruit Drink	<b>29</b> Chicken Nuggets Veggie w/dip Fruit Drink	<b>30</b> Bean & Beef Burrito Fruit Drink	<b>31</b> Chicken burger With choice of lettuce/onion/ Cheese/tomato Drink	

Retain this menu for your information. Clip and return order form with payment.

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**We can only accept the first 125 Meals Forms submitted to the office before Sept. 25 as our facility is not equipped to accommodate larger numbers.**

Payment Options:

- FULL PAYMENTS FOR MENU** 18 days @ \$3.75 = \$67.50
- PIZZA ONLY OPTION** 4 days @ \$3.75 = \$15.00

STUDENT NAME \_\_\_\_\_

TELEPHONE \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

Pay online at <https://centralokanagan.schoolcashonline.com/> or enclose correct payment and completed form in a sealed envelope and drop off in the meals bucket in the office.

