

Constable Neil Bruce Middle School

GRADE 8

2022-2023



Course INTEREST Booklet

Grade 8 Courses

All grade 8 students are enrolled in the following required courses:

ENGLISH 8
SOCIAL STUDIES 8
MATH 8
SCIENCE 8

PHYSICAL EDUCATION 8
CAREER EDUCATION 8
LANGUAGE 8

Grade 8 students must also choose at least one **Arts Education (AE)** and one **Applied Design, Skills & Technologies (ADST)** explore course. The following courses are *potential* explore courses being offered next year.

AE At least one Arts Education course:

BAND 8 (full year)
ART 8
DANCE 8
DRAMA 8

ADST At least one Applied Design, Skills & Technology 8 course:

FOOD STUDIES 8
HOME ECONOMICS 8 (FOOD STUDIES & TEXTILES/SEWING)
INDIGENOUS LEADERSHIP 8
LEADERSHIP 8
OUTDOOR EDUCATION (application and fee required)
TEXTILES 8 (SEWING)
WOODWORK 8

ARTS EDUCATION (AE) COURSES

BAND 8 (a full-year explore course)

Concert Band 8 is a continuation of Grade 7 Beginner Band or Grade 7 Exploratory Music. No previous experience is required! Students will develop an understanding of written music, performance techniques, and basic music theory. Students will also study how music affects a listener, and learn to apply their skills with the goal of influencing a listener's feelings. Students will have the opportunity to participate in our annual band trip, and in other events, concerts, and festivals. These events usually happen outside of the school, and will require missing multiple days of school. Concert Band 8 students will also have the opportunity to join the awesome Jazz Band and Jazz Combo, both of which are offered in the mornings outside the timetable. Come learn how to make playing instruments a part of your life, and let's make some amazing music together!

ART 8

Students will experiment with the five areas of art: drawing, painting, sculpture, print making and graphics. Students will be working with various materials, equipment, and processes. Requirements: imagination and enthusiasm!

DANCE 8

Through active participation this course will introduce you to life as a dancer. No experience is necessary, just a positive attitude and willingness to try. We will work as a team and build community as we start with the basics and go on to explore form, movement principles, choreographic devices and other elements of dance.

DRAMA 8

Through active participation in drama games and group activities, students will have the opportunity to explore various theatre skills. Students will gain new perspectives on self and others through inquiry-based activities. Some of our units include storytelling, mime, tableau and short script work. Be prepared to explore and have fun!

APPLIED DESIGN, SKILLS & TECHNOLOGIES (ADST) COURSES

FOOD STUDIES 8

Basic food preparation techniques will be explored with a focus on safety and sanitation in the kitchen environment. Students will learn to prepare a variety of recipes, including flour mixtures, snacks and meals while working in a group setting. The function of ingredients, kitchen equipment, factors that affect food choices, and recipe designs will be incorporated throughout the course.

HOME ECONOMICS 8 (FOOD STUDIES & TEXTILES/SEWING)

This course involves both Food Studies and Textiles/Sewing learning activities. Basic food preparation techniques will be explored with a focus on safety and sanitation in the kitchen environment. Students will learn to prepare a variety of recipes, including flour mixtures, snacks and meals while working in a group setting. The function of ingredients, kitchen equipment, factors that affect food choices, and recipe designs will be incorporated throughout the course. Additionally, students will apply elements of design when constructing and producing textile items through hands-on experiences. Students will use creative thinking and planning and learn the hand and machine construction skills involved in producing simple, useful and personalized textiles projects. How consumer choices impact themselves and the world around them will also be explored in this course.

INDIGENOUS LEADERSHIP 8

This course is designed for any grade 8 students who want to explore traditional and contemporary aspects of Indigenous leadership. Students will examine traditional and contemporary approaches to leadership through different perspectives, such as traditional teachings, Okanagan language, Four Food Chiefs, medicine wheel, psychology, sociology, philosophy, etc. They will compare and contrast multiple approaches to leadership and apply leadership frameworks to a personal vision for leadership in the school and community.

LEADERSHIP 8

This course is open to Grade 8 students who desire to develop personal leadership skills and work toward a positive school climate. This course has two parts: leadership development and activity planning. Students will develop leadership skills through direct participation in the planning, implementing, and assessing of a variety of student and staff activities, as well as through learning activities and teacher led discussions on topics such as goal setting, communication, decision making, leadership styles, time management, and conflict resolution.

OUTDOOR EDUCATION 8

Students in Outdoor Education 8 explore a variety of opportunities and physical challenges that reach beyond the regular P.E. curriculum. Students who are outdoor and fitness oriented, have an adventurous attitude, and enjoy leadership responsibilities will develop a high level of trust with their teachers and peers in this course. Outdoor Ed curriculum aims to connect students with the outdoors through lessons on local flora and fauna, and hands on units including orienteering and learning to tie knots and hang shelters. Activities include day hikes in the Okanagan Valley, snowshoeing, cross-country skiing, indoor wall climbing, and more.

The Outdoor Ed Academy will have a fee and will be determined once activities are booked. If payment is a concern, please contact school administration once your child is accepted into the academy.

There will be an optional three-day/two-night camping trip offered in the spring to E.C. Manning Park. The fee and detail for this optional trip will be available in 2022/23 school year.

We will consult with your current P.E. teacher to reference your fitness effort level, interests and dependability. Please fill out the attached Outdoor Ed Application (see last attached page) and return to your HOMEROOM teacher by Thursday March 17, 2022.

Please note: fitness level, motivation and dependability (behavior) are very important for the potential Outdoor Education student.

TEXTILES 8 (SEWING)

Students will apply elements of design when constructing and producing textile items through hands-on experiences. Students will use creative thinking and planning and learn the hand and machine construction skills involved in producing simple, useful and personalized textiles projects. How consumer choices impact themselves and the world around them will also be explored in this course.

WOODWORK 8

This course allows students to apply knowledge and skills in order to build projects in the woodshop. They will learn and practice safe working procedures, learn how to use various hand and power tools, and enjoy building interesting and engaging projects. Prerequisites: Curiosity and a desire to be creative.



OUTDOOR EDUCATION APPLICATION 2022/2023

STUDENT NAME: _____
FIRST *LAST*

- 1) What would your current teacher say about your participation in P.E.? (select one)
- Good Satisfactory Not Satisfactory
- 2) On a field trip there may be times you are not directly (within eyesight or 'earshot') of an Outdoor Ed teacher. Will you follow the expectations outlined by the teacher? (select one)
- Yes, all the time.
 Yes, most of the time
 Yes, as long as I am with the right people
 Sometimes or not usually
- 3) How often are you active during the week? (select one based on current activity)
- 0-1 days/week 4-5 days/week
 2-3 days/week 6-7 days/week
- 4) How open or willing are you to explore or try new outdoor experiences that may challenge you? (select one)
- I am very willing to try all new things that may challenge me
 I am mostly interested in trying new things and/or being challenged
 It depends on the experience and how challenging it may be for me
 I am not very interested in trying new things or being challenged
- 5) Are you willing to make up missed assignments from classes? (select one)
- Yes Maybe No



