



2022- 2023 SCHOOL OPENING BULLETIN & PRINCIPAL'S MESSAGE



We are honoured to acknowledge that CNB Middle School is located on the unceded, Traditional Territory of the Syilx (Okanagan) People

August 31, 2022

Dear CNB Parents/Caregivers and Students,

Welcome to the 2022-23 school year! I would like to extend a special welcome to all of our incoming Grade 6's and **all** new and returning students to CNB Middle School. This school year promises to be an excellent year at CNB. We will continue to have a strong focus on our academic program with our underlying SD23 theme of ***Together We Build Caring Communities***. The Mission of CNB Middle School is to provide a safe, supportive environment where students, staff, parents/caregivers, and community members are committed to meeting the unique developmental needs of adolescents.

THE CNB ADMIN TEAM:

As your principal, I am excited to return to CNB with a familiar sense of this amazing school; I have already had students knocking at my office window igniting an instantaneous smile on my face at the familiar student faces. I am excited to be joined by two administrative colleagues as the CNB Vice Principals: Mr. Adrian Zuyderduyn and Ms. Wynter Oakes. New to CNB this year, Mr. Adrian Zuyderduyn (**VP - student last names, A through K**) is returning to the Westside, having worked at MBSS during his teaching years. Since his teaching years, he joins CNB with experience as a VP K-5, most recently from Black Mountain Elementary. You may recall that Ms. Oakes (**VP - student last names, L through Z**) joined our Administrative Team in January 2022 from her previous role as VP at MBSS. Ms. Oakes also has years of experience in K-12 and is eager to be part of the CNB school start-up this year! For students (and parents) new to middle school our VP's support individual student portfolios based on the first letter of the student's last name (as indicated above). This allows our admin. team to address student/family needs in a timely and more personal manner as relationships build with the administrator across the three years at CNB. This has proven to be another way we can continue to build caring communities at CNB and is good practice as it remains the practice with students into high school.

CNB BELL SCHEDULE AND STUDENT TIMETABLE 2022-2023:

To experience a strong sense of belonging in school, students must feel capable of completing tasks in a manner that meets the standards of the school, believe they can connect successfully with teachers and classmates, and know they can contribute in a significant way to

their learning community and school. For these reasons, we have made adjustments to our student timetable and bell schedule to be responsive, equitable and engaging to the unique needs of our CNB school community. As shared in our PAC meetings and through our Parent Information Night in June, our Bell Schedule will move to 4 blocks per day. Lunch will happen from 11:45-12:25 p.m. and there will be one A.M. transition break (9 minutes) between Block 1 and 2, and one P.M. transition break (11 minutes) between Block 3 and 4. Our bell schedule and further information related to this school year can be referenced [HERE](#) at our school site.

WHAT TO EXPECT DAY ONE:

The butterflies of anticipation at the beginning of each new year are ones that are normal, exciting and expected. Tomorrow, our Grade 8 Leadership students will be joining our incoming Grade 6 students for Orientation; they have amazing activities planned to ensure that coming to CNB on Day 1 is a welcoming and comfortable experience for our Gr. 6s. It’s also another opportunity for building caring communities and for our Gr. 8’s to give back and remember how it felt when they were invited to orientation to get ready for the first days of middle school.

The first day of school is Tuesday, September 6th, 2022. Students will be in session from 9-11:45 a.m. Due to the scheduling process and new registrations occurring over the summer, class lists will not be available until the morning of Tuesday, September 6th. Upon arrival at the school, students will find their class lists in the following locations and will line up at the pylon with their ACE teacher at the marked signage that will have their ACE teacher’s name and the section number of their class:

GRADE:	WHERE TO FIND CLASS LISTS ON THE FIRST DAY:	WHERE TO LINE-UP IN ACCORDING TO CLASS LISTS:
6	Front of school on wall at basketball court	Front of school; look for a pylon with ACE Teacher’s Name and Section Number matching the class list.
7	Back side of school posted near portables	Side of school; look for signage secured to the chain-link fence with ACE Teacher’s Name and Section Number matching the class list.
8	CNB side parking lot on Rolling Board nearest our field	Side of school; look for signage secured to the chain-link fence with ACE Teacher’s Name and Section Number matching the class list.

If any students are having difficulty finding their name/line-up location, many staff (wearing their supervision vests) and our Grade 8 Leadership students (wearing Blue or Orange t-shirts) will be available to help students through this process.

Students will report to their classroom at 9 a.m. and will be brought inside the school by their ACE teacher. They will remain with this same teacher all morning. Each grade will have a grade-level Welcome Assembly with our Administrative team and their teachers in the gym during the morning to review school expectations and safety procedures.

On the first day, bussing will be available to take registered bus students home at 11:45 am. Again, Gr. 8 Leadership Students and CNB Staff will be available for first-time riders to ensure students depart safely on their designated route. If you have not yet registered your child for transportation to CNB for the 2022/2023 school year please register at the SD23 website www.sd23.bc.ca. If you are new to the area or have any questions about bussing, contact the Transportation Department at 250-870-5151.

WHAT TO EXPECT (LOOK FOR) COMING HOME AFTER DAY 1:

On Day 1 your student will bring home a Demographic Information sheet. Please take time to review and ensure that CNB has the correct telephone, address and contact information. Please have your child return this information sheet to the school as soon as possible, including the **email address** where you would like to receive school communications. This will also allow us to ensure your information is correct as we set-up our parent portal “new this year!” Details about this will be sent out later in the Fall. ***In the meantime, we do not want a situation where we are not able to contact you in an urgent or emergent situation.***

Additionally, we ask that you and your student review the School Code of Conduct together; once complete, have your student and you sign-off on it and return it to their ACE teacher along with the Demographic information sheet.

WHAT TO EXPECT WEEK ONE:

Lockers:

Wednesday, September 7th will be a full and regular school day. Students will have information from Tuesday about their schedule and classroom locations at CNB. Each CNB student is assigned a locker and a school combination lock on the second day of school. Because this will not occur until Wednesday, please send your student with only necessary items on Day 1 (Sept. 6th). Students may not exchange lockers. Personal locks are not permitted; they are supplied at CNB. Student lockers remain the property of the school and the school retains access to the lockers throughout the year. Students should not share their combinations with anyone, including best friends. Lost locks can be replaced at a cost of \$5.

School Supplies:

Basic supplies are all that is needed on Day 1. On Day 2 (Wednesday) teachers will share specific supplies needed per subject. Students will need to purchase the following basics to get started:

- A Zippered binder with dividers
- Lined Paper
- Pens, pencils, ruler, eraser
- Highlighters, pencil crayons or markers
- A basic calculator
- Gym Strip in needed for PE and students will need runners (not skate shoes)

Your student may also wish to get the following optional supply items:

- Scissors, glue stick, tape
- A binder/file system to keep assignments organized at home

Teachers will provide more information about course specific supplies in September. Sufficient warning will be given to allow time to locate these items.

FOOD SERVICES:

Food services will not be available the first two weeks of school. As such, please be sure to send lunch and snacks with your student. Our vending machines near the main entrance and School Administrative Office have been restocked and are ready for initial weeks.

As a reminder, like all middle schools in the district, CNB is a closed campus school, meaning a student cannot leave during lunch unless they have permission from the parents to sign out. If a student lives close enough to walk home for lunch, the school requires the student to have a note on file in the office stating that they have parent/caregiver permission to do so. Students cannot take friends home with them.

We will continue to offer the Breakfast Program at CNB and will offer morning fruits and other healthy start-of-day options for all students. Getting the best start to the school day with a piece of fruit, perhaps a yogurt, granola bar, or piece of toast, ensures our students start their day off feeling ready.

We are thrilled to share that we are reopening the **School Meals Program** that will offer healthy and warm lunch options daily made in-house at CNB. Our new Lunch/Meals Coordinator is busy designing cost effective and healthy alternatives prepared in-house Monday through Friday. A varied menu is offered each month. The monthly meals forms will become available on our website and will also be emailed out each month. We will also offer a “pizza only” option. The last day of each week pizza is bought in. ***Watch for more information later in September for this exciting opportunity returning to CNB!***

The CUBS Den Store will also operate later in September. Separate from the morning Breakfast Program and the Lunch Meals Program, the school store serves as a PAC fundraising project that is operated by parent volunteers and student helpers. The CUBS Den Store is a snack stop (only) that students can access during their lunch hour if they wish to purchase a treat (ie - if they brought their own lunch and want a small add-on). The Store is not intended to be a comprehensive meal program, but is a popular stop for many of our students.

CNB WAG (Week at a Glance):

Beginning last school year, we established a **Weekly Memo For CNB Families** to be sent out to parents/guardians/caregivers every Friday. The Memo Establishes activities, field trips and school events for the upcoming week as well as ‘Looking Ahead’ dates, and important parental information (like how to register for our Parent Portal once it goes live) to keep you informed with timely CNB happenings. Please watch for the first CNB Memo coming your way on Friday September 2nd. If you do not receive this first Weekly Memo for CNB Families on Sept. 2nd, please contact the office to ensure we have your correct email address.

ENROLLMENT:

If you have a student who is currently enrolled to attend CNB but will no-longer be attending, please contact the school office at 250-870-5177, or email us at cnb@sd23.bc.ca as soon as possible. This will help obtain an accurate enrolment count early in September and therefore facilitate the waitlist process. Additionally, we share with you this **Letter of Introduction** from our **CNB Community Youth Service Officer (CYSO) RCMP, Cst. Sherri Lund** [here](#) as we work collectively with Cst. Lunk to support our school safety and student needs.

We look forward to continuing to work together with the CNB school community (parents/caregivers, your children, and our CNB staff) this 2022-2023 school year. Let's make it a spectacular one together!

Sincerely,

Elisé Saraceni