



CNB FAMILY WEEKLY MEMO

June 6 - 10, 2022

Monday, June 6

- Outdoor Ed Trip to Manning Park June 6-8

Tuesday, June 7

- Myra Canyon Adventure Park (Lane/Neff/Verstraete) 9:00-2:30p.m. (\$26) please pay online
- Football 3:30-4:30pm (every Tuesday/Thursday)

Wednesday, June 8

- Mission Creek Pond Study (Manana/Novak) 11:30-2:00pm

Thursday, June 9

- Gr. 5 Students from MJE/SLE tour
- Football 3:30-4:30pm (every Tuesday/Thursday)

Friday, June 10

- Gr. 5 Students from CTE/HRE/RVE tour

Parents:

Before and after school are BUSY with many parents dropping off and picking up their children. Please be mindful of our CNB neighbors, making sure to keep intersections and driveways clear. Your kindness and patience is appreciated.



School Bus Application for 22/23 Now Open
School Bus Application [here](#)

CNB is currently under a water advisory. Water fountains have been closed off. Water coolers have been provided to the school. Students **MUST** bring a water bottle to school each day.

Grade 8 Celebration!

June 27th we will be celebrating our grade 8 students with an afternoon of GIANT FUN! Giant inflatables, giant yard games, giant hot dogs, and giant memories!

Looking Ahead...

June 15

- Cultural Performance

June 20

- New Gr.6 Parent Info Night 5:30
- PAC Mtg 6:30pm

June 21

- National Indigenous Peoples

June 22

- Band Concert 7:00pm

June 28

- Last day of classes

June 29

- Report card pick up 9:00am (report cards are not mailed)

CNB now has an Instagram account! Follow us @ [cnb_middle](#)



And on Twitter! at [@CNBCubs](#)



All of our classrooms at CNB are cell phone free zones!



Please help us out by limiting your calls and messages to break and lunch times.

See past Family Weekly memo's [here](#)

UBCO SUMMER SPORT CAMPS UBCO Heat Sport Camps.png Led by nationally recognized coaches and student athletes, UBCO's Heat Summer Sport Camps offer a fun-filled week of skill development for kids aged 6 to 18. These camps are a great way to introduce youth to a sport or help them improve their techniques. Camp programming includes golf, basketball, volleyball, running, cycling, and more. Camps are set to run in July and August, and registration is now open. Click [HERE](#) to learn more.

[Press from the PAC](#)

**Cub's Den needs your help!
We are looking for volunteers during lunch to help in the Cub's Den. If you are interested please email cnb.pac@sd23.bc.ca**

Did you know your district COPAC has a Newsletter? Sign up to receive the Newsletter, filled with plenty of resources and up-to-date information [here](#)

Our PAC is always looking for input from parents and how we can best support and represent all of our guardians. Some PAC items of note:

Parenting Resources:

[eConnect Online- brochure for parents.pdf](#)

[Understanding Gaming Behaviour & Addiction](#)

Host Families Needed for 2022!

Our Homestay Coordinators are now matching students with families for 2022/23 placements.

Please apply soon if you are interested.

Questions? Email: homestay@sd23.bc.ca

Phone: **250-470-3258**

Phone camera:



Host families receive
\$1000
per month.

Host families
come in all shapes
and
sizes!

Together We Learn



**Central Okanagan
Public Schools**

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Girls Only Summer Camp Spots Available!

Hello everyone!

In an attempt to make our programs more accessible to young woman and non-male identifying individuals in our community we've created an All Girls Summer Camp this year! Applications are open for our **Girls Only Intro to Adventure Summer Camp**, the week of July 25 - 29, and spots are available!

We will be taking our participants rock climbing, hiking, mountain biking and to Myra Canyon Adventure park, among other adventures! No prior experience or equipment for any of these sports is required!

This camp is open for girls aged 10 and up!

Schedule:

- Day 1 - ½ day mountain bike, ½ day hike
- Day 2 - 1/2 day wilderness skills, 1/2 day indoor climbing
- Day 3 - 1/2 day mountain bike, 1/2 day frisbee golf/games
- Day 4 - Myra Canyon Adventure park for the day!
- Day 5 - ½ day mountain bike, ½ day hike



Dates: The program runs from Monday, July 25th - Friday, July 29th from 9 am - 4 pm. Pick-up and drop-off are at the Martin Avenue Boys and Girls Club.

Price:

The camp cost \$350/camper for the week. If you have any questions about the camp, please email Jess at programs@elevationoutdoors.ca

West Kelowna Minor Football

We are happy to announce that we will be bringing back minor community tackle and flackle football to West Kelowna. In a new arrangement with the Kelowna Minor Football Association (KMFA), we will be introducing the West Kelowna Minor Football Grizzlies. This will be a Westside community program open to all kids. There will be 3 divisions structured by age groups.

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|---|----------------|
| Atom (U10) - birth years 2013, 2014, 2015 | 7, 8, 9 |
| Peewee (U12) - birth years 2011, 2012 | 10, 11 |
| Junior Bantam (U14) - birth years 2009, 2010 | 12, 13 |

In the Summer/Fall, WKMF will offer 9-man tackle football for boys and girls, ages 6* – 13. We will play as a member of the Southern Interior Football Conference (SIFC) alongside associations in Kelowna, Vernon, Kamloops, and Salmon Arm.

Registration fees include all equipment, (Helmets, shoulder pads, pants & jerseys) and insurance coverage will be through the association. All coaches will go through a certified coach's clinic, and we encourage parents and former coaches to sign up.

You can get additional information on registration at www.kmfa and click on "Register Today". From there you will find an option to "Register Now" and select West Kelowna Tackle "preregistration" program to sign up. No fees will be required at this time and full instructions on the pre-registration will be provided. We are planning to host a fun meet and greet day for both the players and families and have the kids run through a mini football combine type workout they will all enjoy. More information on this date will follow as well.

We are excited about bringing youth tackle football back to the West Kelowna community and we invite all kids and parents from West Kelowna to Summerland join and register. For more information, please contact the following:

Charlie Johnson – chasj8892@gmail.com

Kim – treasurer4.kmfa@gmail.com

