CNB Cub Courier Newsletter

Monday, October 12, 2026 - Friday, October 16, 2026

Week at a Glance

Monday / skixʷíẇs: October 12 - **NO SCHOOL**

- Thanksgiving Day

Tuesday / sʔaslⱡásqⱡt : October 13 - (GHEF)

Wednesday / skaʔɬlásqⱡt: October 14 - (CDAB)

Thursday / smasqⱡt : October 15 - (GHEF)

- Lockdown Drill 10:20AM

Friday / sclⱡkstasqⱡt : October 16 - (CDAB)

Full CNB Calendar **HERE**



Photo Retake Day

Retake Day

Retake day if you missed photo day or need a retake of your school picture

Oct 19, 2026

Inside your school



Students needing retakes must bring their ID card given to them on picture day to be photographed. There is a QR code on the back of the card needed to identify the student being photographed.

Parent and Teacher Conference and Early Dismissal Day

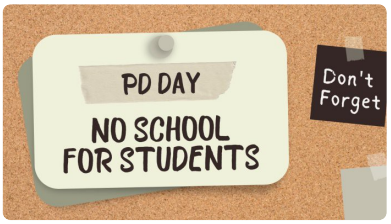


On **Wednesday October 21st**, CNB will be hosting our student-led conferences. Students will be dismissed at 11:55 (buses will run early) and we will invite you to join us at CNB between 4:00 and 6:30 with your child, leading you through some of their learning from this year. Teachers will be in their classrooms with a couple of prompts or stations set up for you and your child to talk about their learning progress.

We look forward to welcoming you into CNB on October 21st and showcasing the growth of our learners. See you then!

Professional Development Day - NO SCHOOL

NO SCHOOL - FRIDAY, OCTOBER 23RD
Professional Development Day is next Friday, Oct. 23rd. There will be no school for students this day.
Just a friendly reminder: our pizza lunch will be on Thursday, Oct. 22 that week.



Constable Ryan Rode - School Resource Officer

Hello and welcome to a new school year!

My name is Constable Ryan Rode, and I am the School Resource Officer (SRO) for the schools of West Kelowna and Peachland. I am excited to begin another school year working alongside students, families, and school staff to help foster safe, positive, and supportive learning environments.



I have proudly served as a police officer in West Kelowna and Peachland for the past 17 years, and this is my third year as your School Resource Officer. Over the past two years, I have had the privilege of building relationships with many students, parents, and educators throughout our school communities.

As part of my role, I spend time in our elementary, middle schools and high school, delivering classroom presentations on a variety of important topics, including personal safety, bullying prevention, online safety, healthy relationships, drug awareness, and responsible decision-making. I also work with students who may have made poor choices, helping them understand the potential consequences of their actions while encouraging positive decision-making moving forward.

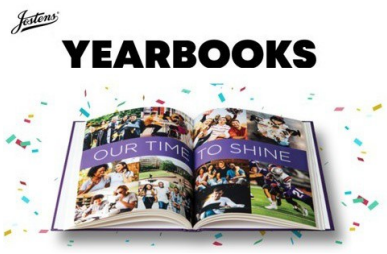
While education and relationship-building are the primary focus of the School Resource Officer program, there are occasions when enforcement action is required. This may involve addressing bylaw infractions, drug- or alcohol-related offences, and, in rare circumstances, criminal matters. I also serve as a liaison between schools and frontline RCMP officers, and I am available to support students, parents, and staff with questions, concerns, and resources.

A little about me: I am a proud father of two teenage boys and a graduate of Mount Boucherie Secondary School. Having lived in West Kelowna since I was two years old, I am grateful to serve the community that I have called home for most of my life. Outside of work, I enjoy hiking, participating in sports, and travelling to NHL cities to cheer on my favorite team, the Edmonton Oilers.

I look forward to connecting with familiar faces and meeting many new students and families throughout the year. Wishing everyone a safe, successful, and enjoyable school year!

Constable Ryan Rode
School Resource Officer
West Kelowna & Peachland Schools
Royal Canadian Mounted Police (RCMP)

Yearbook



Our CNB 2026-2027 Yearbook goes on sale Monday, September 28th. Purchase is available on your child's school cashonline account. Earlybird price is $45 so don't delay. This is an optional purchase.

Thank you for your support!

Student Clubs

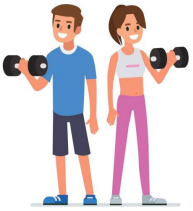
All student clubs are drop in and no experience necessary. All are welcome!

CNB Clubs

Day	Club	Time	Room	Teacher Sponsor
Monday and Wednesday	Choir Club	7:45am – 8:45am	118	Ms. Chisholm
Tuesday	Movie Club	Lunchtime	Port 6	Mr. Toth
Wednesday	Homework Club	8:30am – 9:00am	127	Ms. Michelle and Ms. Jo
Wednesday	Dance Club	Lunchtime	112	Ms. Siegmann and Mrs. Preston
Wednesday	Singing and Drumming Club	Lunchtime	127	Ms. Michelle and Ms. Jo
Wednesday	Calm Club	Lunchtime	203	Mr. Walley and Mr. Fournie
Wednesday	Pokémon Club	Lunchtime	105	Ms. Harsch
Thursday	Movie Club	Lunchtime	111	Mr. Luff
Thursday	Art Club	3:30-4:30	125	Ms. Young
Friday	Knitting Club	8:30am-8:55am	103	Mrs. Hagen
Friday	Chess Club	Lunchtime	Port 2	Mr. Ortwein
Friday	Gay Straight Alliance Club	Lunchtime	123	Ms. Bush and Ms. Harsch
Friday	Colouring Club	Lunchtime	202	Ms. Novak
Friday	Card Game Club	Lunchtime	102	Ms. Robinson
Tues, Wed, Thurs	Fitness Club	8:30 - 9:00am	Weight Room	Resource
Tues, Wed, Thurs	Homework Club	8:30 – 9:00am	Library	Resource







Athletics

For Athletics inquiries, please contact derek.worrall@sd23.bc.ca

All CNB athletic team information can be found at this link: **CNB Athletic Information**
This is a "live" document so check back often for updates.



CARE: Climate Action Ripple Effect - Community Mentors Needed

o you care about kids, climate, and your community? **We need you!** CARE (Climate Action Ripple Effect) is seeking passionate community mentors to work alongside and support small teams of middle and secondary students as they design **real world solutions** to local climate challenges.

No matter your skills, background, or area of interest, we can match you with a CARE student team in your community. Your guidance can help empower young innovators, strengthen community connections, and make a meaningful difference.

By becoming a CARE mentor, you will help advance all three priorities of our new District Strategic Plan by supporting student learning and agency, strengthening family and community connections, and contributing to a sustainable future for all learners.

Join us in helping students turn their ideas into action and create positive change in our communities.

For more information, visit Climate Action Ripple Effect or see the attached poster.



Foundry Youth and Family Mental Health Services

Foundry youth and family mental health services are coming to the Westside! *In an update to the City of West Kelowna council June 9th, CMHA Kelowna & District shared that the future Foundry site will be located at* ***#105–2370 Bering Road in West Kelowna****. Once open, the new site will provide access to: Walk-in mental health counselling, Family navigation and support, Peer support,*

Substance use health services, Physical & sexual health, and Work, education and community supports.
CMHA Kelowna & District is now calling on the public – and our school community – to help.

- ***Donate** to the [Not Alone: Bridging the Gap] campaign – every dollar raised will bring these vital services one step closer to reality in our community.*

- ***Become a 'Friend of Foundry'!** CMHA Kelowna & District has made a [special toolkit] available for young people and families to support the campaign as volunteers this summer. For more details, contact Tamiko Keating, [Tamiko.keating@cmhakelowna.org]*

Reporting Absences, Late Arrivals or Early Dismissals

If your child will be absent, arriving late, or signed out early, please be sure to put it into our School Messenger system.

Attendance reporting can be done three ways:

1. Go to http://go.schoolmessenger.ca/
2. Phone the school (250-870-5177) and press "1" to access the automated system
3. Download the School Messenger App and follow the prompts

Paying School Fees

Please go to **School Cash Online** to pay for your child's school fees. These fees help to cover costs of school events, supplies and field studies throughout the year.

If you are having difficulties with School Cash Online, please contact the parent support line at 1-866-961-1803 or email parenthelp@schoolcashonline.com

If you prefer to pay cash, please come to the school office.

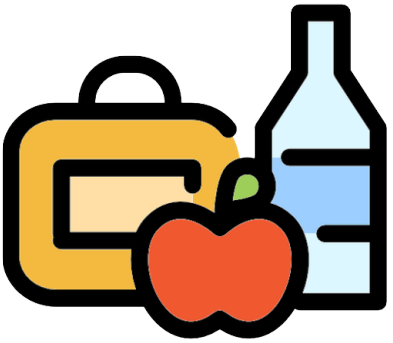
Please contact the CNB Administration team if you are facing a financial hardship that may restrict the ability of your child to access a school program so we can help with financial matters.

Food at CNB

Breakfast

During the school year, there is food available every morning for any students who need it. No need to sign up - just stop by the Cafeteria in the MPR for some good brain food before a day of learning.

Lunch



Our daily lunch meal program is provided at the Kitchen/Cafeteria located in the MPR. The meals offered range from, shepherds pie, burgers, pasta, butter chicken, chili, etc. Each month we will post the meal items for each day.

Students can get lunch food three ways:
1. MONTHLY PAY - Pay monthly on your child's fee account (SchoolCashOnline) and receive the daily meal all month long
2. SCHOOL SPONSORED LUNCH - Please email cnb@sd23.bc.ca if your family could use financial support for food and you will be added to the school sponsored list where you receive the daily meal at no cost.
3. CASH SALES: Limited quantities of meals each day are sold after the students on our lunch program have been served. The Monday through Thursday meals are sold at $6.50 and on Fridays, each pizza slice is sold for $3.75

For more information, click **HERE**.

Snacks at the Den (School Store)

During the lunch hour each day of the week during the school year, The Den (School Store), offers the students the opportunity to enjoy a fun treat.
Some items for sales are drinks, noodles, chips, cookies, crackers, pepperoni, fruit snacks, etc. Everything is $1 or $2.

The store is run by parent volunteers on the PAC team. All the profits are donated back to the school where the PAC will fund various school level initiatives.

Lunch at the School Cafeteria this Week

October Meals 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 HGFE BLT PASTA SALAD	2 DCBA PIZZA	3
4	5 EFGH BUTTER CHICKEN RICE BOWL	6 ABCD CHICKEN TERIYAKI	7 EFGH TURKEY MASH POTATO BOWL	8 ABCD PIZZA	9 Administrative Implementation Day – NO SCHOOL	10
11	12 Thanksgiving Day - NO SCHOOL	13 GHEF TURKEY OR HAM SUB	14 CDAB CHICKEN ALFREDO	15 GHEF BEEF BURGER & VEG	16 CDAB PIZZA	17
18	19 FEHG SHEPHERDS PIE	20 BADC HOT DOG & VEG's	21 FEHG Early Dismissal 11:55am Parent/Teacher Conferences 4:00pm	22 BADC PIZZA	23 Professional Development Day - NO SCHOOL	24
25	26 HGFE LASAGNE	27 DCBA CHICKEN BURGER & VEG's	28 HGFE SAMOSA	29 DCBA SUSHI	30 HGFE PIZZA	31

Fundraising

Return-It Express

CNB has an ongoing fundraiser with Return-It Express. Please consider supporting our Leadership students when returning your cans/bottles.



Nature's Fare 3% Community Club

CNB's Parent Advisory Council (PAC) has an ongoing fundraiser with Nature's Fare. Please drop your Nature's Fare receipts in the club box at the school office and the PAC will submit them for a 3% cash back donation to the school.

Nature's Fare Markets

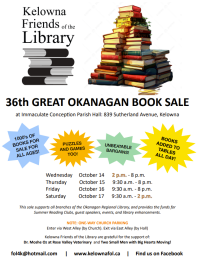
Community Events & Resources



Parent Information Night for Child Safety



BGCO Recreation Programs



Okanagan Book Sale



Kelowna Dolphins

Fall 2026



Home Alone and Babysitting Courses



Kelowna Springboard Diving Club

Any questions?

Please contact the CNB Office

Hours: 8:00 AM - 4:00 PM

Phone: 250-870-5177

Email: cnb@sd23.bc.ca

Website: https://cnb.sd23.bc.ca

We acknowledge that we are learning on
the traditional and unceded territory of the Okanagan syilx people.