



CONNECT · NURTURE · BELONG

December 15 - December 19, 2025

Weekly Update

Happy Friday, everyone! As we head into our final week before winter break, a reminder that we have some spirit days next week, which are included on our daily announcements for the students; they're also in this newsletter as a reminder for families. Beyond that, we also have our first Written Learning Update going home on Thursday, December 18 — please watch for those, too.

For now, enjoy a restful weekend, and we are looking forward to a festive final week!



Monday Skixwíws	Tuesday sʔasłásqt	Wednesday skaʔłásqt	Thursday smasqt	Friday scłkstasqt
December 15	December 16	December 17	December 18	December 19
DCBA Spirit Day: Lemon Coin Challenge, Colouring Challenge and Poster Decorating Contest	HGFE Spirit Day: Christmas Hats, Colouring Challenge and Poster Decorating Contest	DCBA Spirit Day: Ugly Sweater, Colouring Challenge and Posters Due Winter Jazz Night Coffee House	HGFE Spirit Day: Colouring Challenge, Poster Contest Judging and Lemon Coin Challenge Written Learning Updates go home	DCBA Spirit Day: Pajama Day, Colouring Challenge and Coin Challenge \$35 Early Bird Yearbook Sale ends Dec.31

WINTER BREAK

DECEMBER 20 - JANUARY 4, 2026

Follow us on Instagram!

@cnb_middle

Phone: 250-870-5177



JANUARY'S OPTIONAL MEAL PROGRAM MENU

January's optional lunch meal program for students who wish to participate will be available for purchase on **Monday, Dec. 15.**

There are two options:

1. A full lunch meals program that is every day of the week (including pizza on Fridays)
Limit to the first 100 purchases.
2. Pizza only option (Fridays only) Last day to order Dec. 31 by 4pm.

On Monday, Dec. 15, parents who wish to have their child participate can pay online at School Cash Online.

Please Note: no refunds are given for student absence.

**Purchase January's optional lunches
On school cash online - Monday, Dec.15**

LOST AND FOUND NOW ON DISPLAY

Student clothing, binders, athletic equipment, footwear etc.. Is now on display in our mulit purpose room,. Please encourage your child to check out these items and claim their belongings. All unclaimed items will be donated over the winter break.



YEARBOOK



Early Bird pricing of \$35 will be available until December 31, 2025. Regular price is \$40 and will start January 1, 2026.

Please note this is an Optional Purchase.

Thank you for your support.

WEST KELOWNA ROTARY CLUB WINNERS

Celebrating Our First Service Above Self Award Winners

We are excited to celebrate **Joella Miller (Grade 6, CNB)** and **Justin Fitzgerald (Grade 7, CNB)** as the very first recipients of the **Service Above Self Student Award**, created in partnership with the West Kelowna Rotary Club. This award honours students whose actions reflect kindness, caring, community service, and leadership through service.

Joella and Justin have both shown what it means to be a **CNB Cub** through their desire to care for others.

Their actions strongly reflect our CNB learning priorities:

- **Connect** — They help create a welcoming, positive environment where others feel seen and valued.
- **Nurture** — Through their willingness to give their time and energy, they support others.
- **Belong** — They treat everyone with respect, inspire others through their actions, and help ensure all students feel they have a place and purpose.

Congratulations, Joella and Justin — thank you for modeling Service Above Self!



LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program for our last week of school before the break.

There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.



December 2025

Mon	Tue	Wed	Thu	Fri
CDAB 1 BBQ Ribette Sub	GHEF 2 Chicken Burgers Veg+Dip	CDAB 3 Chicken Alfredo	GHEF 4 Samosa's	CDAB 5 Pizza
FEHG 8 Sushi	BADC 9 Butter Chicken Rice bowl	FEHG 10 Corndog + Mozza Stix	BADC 11 Spicy Nacho Casserole	FEHG 12 Pizza
DCBA 15 Shepherds Pie	HGFE 16 Chicken Mojos	DCBA 17 Mini Tacos + Salad	HGFE 18 Poutine	DCBA 19 Pizza



Constable Neil Bruce
Middle School

ATHLETICS



Constable Neil Bruce
Middle School

December 15 to 19					
	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
7:30 - 8:30	Grade 8 Girls Basketball Practice	Grade 6 Girls Basketball Practice (Starting after the winter break)	Grade 8 Boys Basketball Practice	Grade 7 Girls Basketball Practice (Starting after the winter break)	Grade 7 Boys Basketball Practice
Lunch	Grade 7 Girls Basketball Practice	Intramurals	Intramurals	Intramurals	
Resource Weight Room Usage					
3:30 - 5:00	Grade 7 Boys Basketball Practice	Grade 6 Boys Basketball Practice (Starting after the winter break)	Grade 8 Girls Basketball Practice	Shooting Clinic 3:30-4:30 All teams welcome	Grade 8 Boys Basketball Practice
5:00 - 8:30	Grade 8 Boys Basketball Games @ CNB vs DRK Games @ 5:30 and 7:00		Grade 8 Girls Basketball Bye Week		

***AS OF DEC. 9* - [CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES](#)**

Coach Contacts

6B Basketball—Michael.Burdeniuk@sd23.bc.ca and John.Buchanan@sd23.bc.ca

6G Basketball—Bj.Powlesland@sd23.bc.ca, Jennifer.Craig@sd23.bc.ca, and Tahnee.Pierson-Roberts@sd23.bc.ca

7B Basketball—Community coaches Ryan and Austin (Email Mr. Worrall)

7G Basketball— Andrew.Toth@sd23.bc.ca

8B Basketball— Winston.Wong@sd23.bc.ca and community coach: Tyler

8G Basketball—Brad.Vissia@sd23.bc.ca and Erika.Castellanosca@sd23.bc.ca

Athletic Director: Derek Worrall — derek.worrall@sd23.bc.ca





Grade 6 Basketball

[CLICK HERE TO REGISTER A PLAYER](#)

FIELD STUDIES CODE: Boys – 206645 / Girls – 206646

[CNB ATHLETICS POLICY](#)

Coaches:

Boys: Michael Burdeniuk and John Buchanan

Girls: BJ Powlesland, Jenn Craig, and Tahnee Pierson-Roberts

Practices:

Boys: Tuesdays 3:30 – 5:00 pm (starting after winter break)*

Girls: Tuesdays 7:30 – 8:30 am (starting after winter break)*

***Shooting Clinics (Thursdays 3:30 – 4:30) in the CNB gym are starting December 4th and continuing to winter break. Boys and girls team members of all grades are welcome to attend.**

Anticipated Season Details:

Home and Away games vs. GMS usually played on Wednesdays from 5:00 - 6:30 pm, typically late February to Spring Break. MBSS usually offers a school day tournament the week before Spring Break.

Travel: Students leave for home at the end of day dismissal bell, then meet at the location of the game. If you do not have a ride to a game, please reach out to the coaches for assistance.

Fees: \$40 fees to cover MBSS tournament day.

**Fees will be refunded if MBSS does not offer the tournament this year.

[CLICK HERE IF YOU WOULD LIKE TO COACH AT CNB](#)

***Community coaches require a police check and driver's information submitted at the office.

Athletic Director: Derek Worrall - derek.worrall@sd23.bc.ca

COMMUNITY NEWS

**A PRESENTATION FOR
PARENTS
WITH PAUL DAVIS**

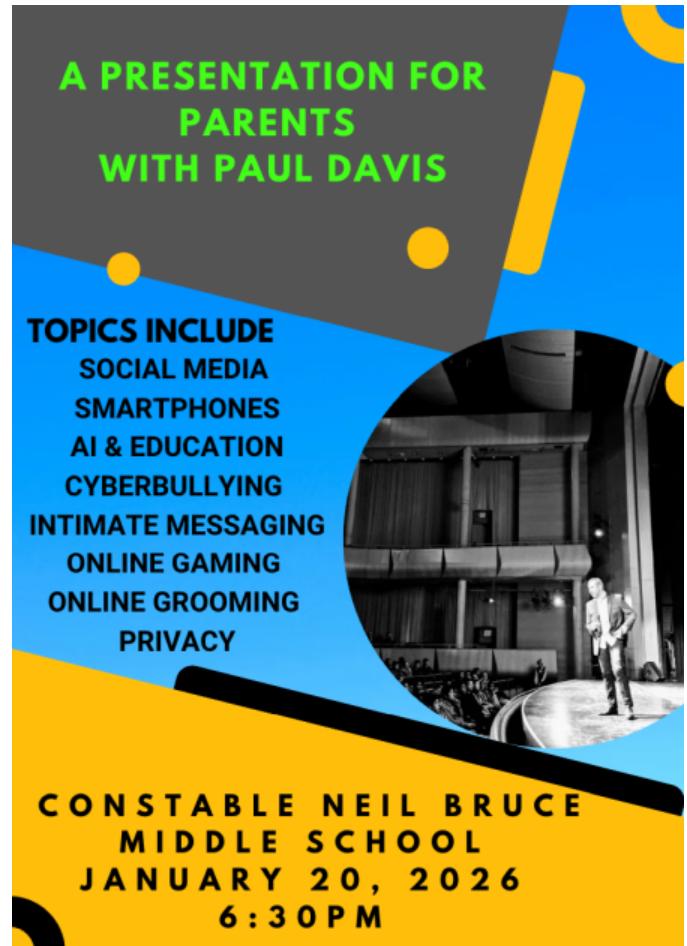
TOPICS INCLUDE
SOCIAL MEDIA
SMARTPHONES
AI & EDUCATION
CYBERBULLYING
INTIMATE MESSAGING
ONLINE GAMING
ONLINE GROOMING
PRIVACY



ÉCOLE KLO
MIDDLE SCHOOL
JANUARY 19, 2026
6:30PM

**A PRESENTATION FOR
PARENTS
WITH PAUL DAVIS**

TOPICS INCLUDE
SOCIAL MEDIA
SMARTPHONES
AI & EDUCATION
CYBERBULLYING
INTIMATE MESSAGING
ONLINE GAMING
ONLINE GROOMING
PRIVACY



CONSTABLE NEIL BRUCE
MIDDLE SCHOOL
JANUARY 20, 2026
6:30PM


SUPPORT THE DREAM
KICK FOR A CAUSE
Dec. 30, 2025

10am-12pm Boys U8-12
12pm-2pm Girls U8-12

We have 24 spots per session available to join us in the West Kelowna Dome. We'll be doing games, skills, coaching and prizes will be won!

<https://beacons.ai/wyasoccertour>



[REGISTER NOW](#)


WE WANT YOU!
COME PLAY RUGBY FOR THE KELOWNA CROWS!

NOW RECRUITING BOYS AND GIRLS AGES 12-17 TO JOIN OUR CLUB. OUR U14 TEAM IS ESPECIALLY EAGER TO MEET YOU! THE SEASON IS ALREADY UNDERWAY AND LOOKING STRONG.

ONLY \$250
REGULAR COST \$325

www.kelownacrows.com
EMAIL.JUNIORDIRECTOR@KELOWNACROWS.COM
FOR THE DISCOUNT CODE



Learn To Play Fastball
WITH THE
PEACHLAND THUNDER

Ages 7-10



Winter Session
January 11th to February 15th 2026
Sundays 3:45 to 4:30 pm
Investment: \$60

Spring Session
April 21st - May 26th 2026
Tuesdays 5:15pm to 6pm
Investment \$60

[Register Now!!!](#)

peachland.rampregistrations.com
Inquiries.peachlandminorfastball@gmail.com

Junior Coyotes WINTER PROGRAMS



WINTER 3ON3

Gr 1-9 Boys & Girls

Sundays | Jan 4 - Mar 8

MICROBALLERS

Boys & Girls | Ages 3-5

Sundays | Jan 4 - Mar 8

WINTER 5ON5

Gr 6-8 Boys | Jan 10 - Mar 8

Saturdays & Sundays



CHRISTMAS CAMP

Gr 1-12 Boys & Girls | December 27-28

WWW.GOCOYOTES.CA

NEW SESSION STARTS WEEK OF JAN 10

NEW VINTAGE THEATRE

THEATRE CLASSES

Winter 2026

THEATRE FOR ALL

YOUTH CLASSES (AGES 6-11)

- MISSION POSSIBLE-A-SPY STORY SATURDAYS, 10-11AM
- K-POP MUSICAL THEATRE CLASS-ORIGIN STORY SATURDAYS, 1-2PM OR MONDAYS, 4-5:30PM
- ALICE IN WONDERLAND SATURDAYS, 2-3PM

TEEN CLASSES (AGES 12-17)

- DOWN A DARK HALL-MYSTERY PLAY SATURDAYS, 11-12:30PM

ADULT CLASSES

- IMPROV GAMES NIGHT MONDAYS, 5:30-7PM
- LET'S MAKE A MURDER MYSTERY MONDAYS, 7-8:30PM
- DIRECTING & PLAYWRITING WORKSHOPS-JANUARY & FEBRUARY

SPRING BREAK CAMPS-MARCH

- WEEK #1-SING! DANCE! ACT!-YOUTH
- WEEK #2-HEROES & VILLAINS-YOUTH
- WEEK #2-MUSICAL THEATRE-TEENS

NEWVINTAGE.CA

Take the Plunge

Learn to Dive with KSDC



1 meter and 3 meter springboard diving lessons for:

- Beginners
- Competitive Athletes
- Adults



Ages 5 and Up

Lessons held at the H2O Adventure + Fitness Centre and the Rutland Family YMCA

Email ksdc.general@gmail.com
with any questions