



CONNECT · NURTURE · BELONG

November 24 - November 28, 2025

Constable Neil Bruce Middle School



Weekly Update

Happy Friday, everyone! As we head into the final week of November, we'd like to remind you of a two upcoming pieces. First of all, our teachers are working on their Term 1 Written Learning Updates, which will be sent home with students during the final week before winter break. This will update our families about our students' learning, providing a snapshot of their progress. As well, we have our annual Winter Market on Wednesday, November 26 in the evening; please remember that our students who attend should be accompanied by a family member, and our students should head home after school before returning to the market that evening. For now, enjoy your weekend!

Coming Up Next Week

Monday Skix ^{wi} ws November 24 EFGH	Tuesday s ⁷ as ^l ásq ^t November 25 ABCD	Wednesday ska ⁷ l ^l ásq ^t November 26 EFGH	Thursday s ^m asq ^t November 27 ABCD	Friday sc ^f k ^s tasq ^t November 28 EFGH
F/S – Outdoor Ed Upper Canyon Trail 9:20am - 11:45am 7PM PAC MEETING VIA ZOOM (link on page 3)	F/S - KF Aerospace Centre Pierson- Roberts 9:15am- F/S – Outdoor Ed Upper Canyon Trail 9:20am - 11:45am	WINTER CRAFT MARKET - 5-7pm CNB Choir sings		F/S - KLO Middle School - Philosophy Café - Bush 12:10pm - 3pm Last day to order Pizza lunches for Dember

Important Upcoming Dates in November/December

Nov.29	CNB Choir performs at John Denver Rocky Mountain High Concert at Kelowna Community Theatre 2pm
Dec. 3	Jersey Day
Dec. 5	F/S - Gneiss Climbing Gym -Outdoor Ed8 9:15am – 11:45am
Dec. 5	Term 1 Ends
Dec. 5	CNB Choir sings at West Kelowna Light Up 6:20om – 6:40pm
Dec. 8	Term 2 Begins
Dec. 8	F/S - Gneiss Climbing Gym -Outdoor Ed8 9:15am – 11:45am
Dec. 9	F/S - Gneiss Climbing Gym -Outdoor Ed8 9:15am – 11:45am
Dec. 17	Winter Jazz Night Coffee House
Dec. 18	Working Learning Updates go home
Dec. 20 -Jan. 4	Winter Break – NO SCHOOL
Jan. 5	School Reopens

CRAFT AND GOODIES MARKET



On Wednesday, Nov. 25 from 5-8pm, CNB PAC is hosting a Christmas Market in our school gym. There will be a variety of vendors offering crafts and goodies for purchase as well as our CNB will be singing Christmas carols. \$2 Donation for school enrichment is appreciated.. Students are welcome to come, but must be accompanied by their parent/guardian.



CNB CLUBS

Day	Club	Time	Room	Teacher Sponsor
Monday	Games Club	Lunchtime	123, Cub Hub	Ms. Jeffrey
Monday and Wednesday	Choir Club	7:45am – 8:45am	118, Downstairs	Ms. Chisholm
Tuesday	Knitting Club	Lunchtime	102, Downstairs	Ms. Robinson
Wednesday	Homework Club	8:30am – 9:00am	127, Gathering Room	Mrs. Morgan
Wednesday	Singing and Drumming Club	Lunchtime	127, Gathering Room	Mrs. Magnant and Mrs. Marcellay
Wednesday	Calm Club	Lunchtime	214, Upstairs	Mrs. Amorim
Wednesday	Popcorn Movie Club	Lunchtime	Port 6, Outside	Mr. Toth
Thursday	Art Club	3:30-4:30	125, Art Room	Ms. Young
Friday	Chess Club	Lunchtime	212, Upstairs	Mr. Gerrits
Friday	Gay Straight Alliance Club	Lunchtime	123, Cub Hub	Mr. Raupach
Friday	Colouring Club	Lunchtime	109, Downstairs	Ms. Stiles



STUDENT ACTIVITY FEE \$30

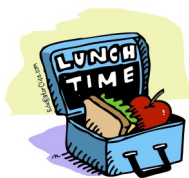
As part of the Policies and Procedures, every student attending a Central Okanagan School District 23 school, has a \$30 Student Activity/Cultural Fee added to their account.

This fee helps to cover the cost of leadership activities, Field study transportation, locker assignments, athletic equipment., and cultural performances, (a play, a musical, or a dance).

A complete list of the Board Policies can be found at: sd23.bc.caBoard of Education.....Board Policies

LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program.



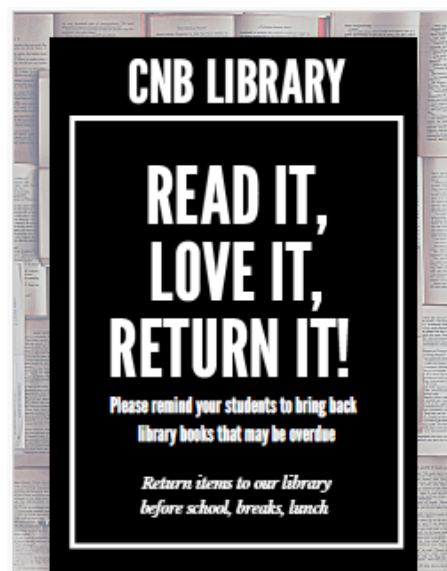
There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.

November 2025

Mon	Tue	Wed	Thu	Fri
GHEF 3 Hotdog + Veg Dip	CDAB 4 Sushi	GHEF 5 Chicken Burger + Veg Dip	CDAB 6 Lasagne	GHEF 7 Pizza
BADC 10 Shepherd's Pie	11 Remembrance Day NO SCHOOL	FEHG 12 Chicken + Mojos	BADC 13 Perogie Casserole	FEHG 14 Pizza
DCBA 17 Butter Chicken	HGFE 18 Dino Nuggets + Mashed Potatoes	DCBA 19 B.L.T Pasta Salad	HGFE 20 Poutine	DCBA 21 Pizza
EFGH 24 Mini Tacos + Salad	ABCD 25 Samosa's	EFGH 26 Chicken Wings	ABCD 27 Chilli + Chips	EFGH 28 Pizza

OVERDUE LIBRARY BOOKS



A friendly reminder for students to return any overdue library items. Items can be returned before school, at breaks and at lunch. Any lost or damaged items are subject to a fee that will be added to the students cashonline account.

CNB PAC

PAC Executive for 2025/2026 is:

President—Christina Ennis

Vice President— Angie Braid

Treasurer—Jenny Park

Co-Treasurer—Janelle Rhode

Secretary—Verena Roberts

COPAC Representative—Haley Gigg

Members at Large—Amy Rauscher, Cassandra White, Sara Ryttersgaard, Lisa Winia-Moe, Kristi Sawh

ZOOM MEETING INVITATION -

Monday, Nov.24

Topic: November CNB PAC Zoom meeting

Time: Nov 24, 2025 07:00 PM Vancouver

Join Zoom Meeting

<https://us05web.zoom.us/j/83865982214?pwd=WE5sbQZVcH3NROHKMflhpw8mUO5PbD.1>

Meeting ID: 838 6598 2214

Passcode: 5mV02M



Constable Neil Bruce
Middle School

ATHLETICS



Constable Neil Bruce
Middle School

November 24 to 28					
	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
7:30 - 8:30	Grade 8 Girls Basketball Practice		Grade 8 Boys Basketball Practice		Grade 7 Boys Basketball Practice (Starting Dec 5)
Lunch	Grade 7 Girls Basketball Practice	Intramurals	Intramurals	Intramurals	
	Resource Weight Room Usage				
3:30 - 5:00	Grade 7 Boys Basketball Practice (Starting Dec 1)		Grade 8 Girls Basketball Practice		Grade 8 Boys Basketball Practice
5:00 - 8:30	Grade 8 Boys Basketball Games @ CMS Pickup: 4:30 pm Games @ 5:30pm and 7:00pm Return: 8:50 pm		Grade 8 Girls Basketball Game @ KLO Pickup: 6:00 pm Game @ 7:00 pm Return: 8:50 pm		
<p>* 7/8 district league and bus schedules are altered regularly. Listed games and bus info is as of: November 20</p> <p>CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES</p>					

Coach Contacts

7B Basketball— Community coaches Ryan and Austin (Email Mr. Worrall)

7G Basketball— Andrew.Toth@sd23.bc.ca

8B Basketball— Winston.Wong@sd23.bc.ca / community coach: Tyler

8G Basketball— Brad.Vissia@sd23.bc.ca / Erika.Castellanosca@sd23.bc.ca



Athletic Director: Derek Worrall — derek.worrall@sd23.bc.ca

COMMUNITY NEWS



SUPPORT THE DREAM
ENGLAND 2026

This spring a dedicated group of U14/15 boys have the chance of a lifetime: a 10-day elite soccer tour in England.

We're looking for support of local businesses, community leaders, and families.
Follow us on social media for updates!

<https://beacons.ai/wysasoccertour>



YOUTH EMPLOYMENT SUMMIT

Kelowna Ramada Hotel & Conference Centre
2170 Harvey Avenue, Kelowna BC Canada V1Y-6G8
Thursday November 20th, 2025 | 1 pm - 7pm

A FREE Inclusive Employment Event for youth with disabilities

Register and read more at: InclusionBC.org/YES

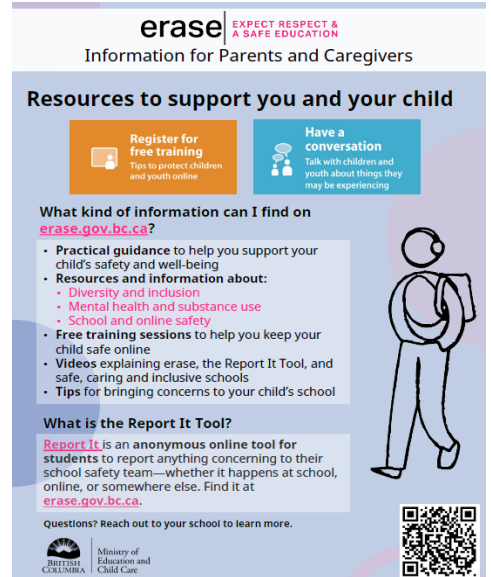
The Youth Employment Summit (YES!) is coming to your community — and we want you to be part of it!

These inclusive, free events are designed to spark inspiration and open doors — whether you're just starting to think about your future or ready to step into the workforce. Join us to meet new people, learn from professionals, and take the next step on your employment journey!

FREE Snacks & Drinks!
Fuel up while you connect and learn.

This event is brought to you in collaboration with Pathways Abilities Society, Central Okanagan Public Schools, WHEELS Transition to Employment Program & Okanagan College

inclusion BC



erasure EXPECT RESPECT & A SAFE EDUCATION
Information for Parents and Caregivers

Resources to support you and your child

Register for free training
Tips to protect children and youth online

Have a conversation
Talk with children and youth about things they may be experiencing

What kind of information can I find on erasure.gov.bc.ca?

- Practical guidance to help you support your child's safety and well-being
- Resources and information about:
 - Diversity and inclusion
 - Mental health and substance use
 - School and online safety
- Free training sessions to help you keep your child safe online
- Videos explaining erasure, the Report It Tool, and safe, caring and inclusive schools
- Tips for bringing concerns to your child's school

What is the Report It Tool?
Report It is an anonymous online tool for students to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at erasure.gov.bc.ca.

Questions? Reach out to your school to learn more.

inclusion BC



Strong Neighbourhoods
YOUTH Development & Engagement Grant

Be a leader. Build connection in your community.
The City of Kelowna offers up to **\$1,000** in matching grant funds for youth-led community projects or events.

Have an idea that will improve your neighbourhood or build relationships? Team up with fellow youth aged **13-24** in your community to get creative and take the lead. Rack up volunteer hours, boost your resume, hone your leadership skills, and build friendships while improving your community.

neighbourhoods@kelowna.ca
kelowna.ca/neighbourhoods



Get Festive With Us!

Light Up
ON BROWN ROAD
Friday, Dec 5
5:00 - 8:00 pm

elf
Sunday, Dec 7
2:00 - 4:30 pm
Westbank Lions Community Centre
\$5/per person
Call to purchase tickets
778-797-8800.

FAMILY FLICKS
Holiday Edition

Learn more at: westkelownacity.ca/cityevents

Pre-registration is required for this event. Call 778-797-8800 for more info.

WEST KELLOWNA

Learn more at: westkelownacity.ca/LightUp



WE WANT YOU!
COME PLAY RUGBY FOR THE KELLOWNA CROWS!

NOW RECRUITING BOYS AND GIRLS AGES 12-17 TO JOIN OUR CLUB. OUR U14, TEAM IS ESPECIALLY EAGER TO MEET YOU! THE SEASON IS ALREADY UNDERWAY AND LOOKING STRONG.

ONLY \$250
REGULAR COST \$325

www.kelownacrows.com
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