

2025-26 CNB CUBS School Opening Message

Dear CNB Parents/Caregivers and Students,

Welcome to the 2025-26 school year! I would like to extend a special welcome to all our incoming Grade 6's and all new and returning students to CNB Middle School. The learning priorities of CNB Middle School are to Connect, Nurture & Belong and we look forward to living that out daily here at CNB this year!

Connect

Our students and staff feel safe, connected and valued.

Nurture

We nurture all students' learning needs by providing multiple entry points that keep them at the centre of their learning.

Belong

Students receive equitable support and inclusive opportunities that create a sense of belonging.

WHAT TO EXPECT DAY ONE:

I always look forward to the first day of school. I've experienced quite a few, and I still get nervous for opening day. We know that these feelings are expected, and our staff is ready to support all children. The first day of school is Tuesday, September 2. Students will be in session from 9:00 -11:45 a.m. Due to the scheduling process and new registrations occurring over the summer, class lists will not be available until the first day of school. Upon arrival grade 6's will find class lists at the front of the school. When the bell rings at 8:55 all grade 6's will come to the gym for their opening assembly.

All grade 7 and 8's will find their class lists in the following locations and will line up at the pylon with their teacher at the marked signage that will have their teacher's name and the section number of their class:

Grade	Line up Location & class lists
6	Front of school basketball courts
7 & 8	School Field

If any students are having difficulty finding their name/line-up location, many staff (wearing their supervision vests) will be available to help students through this process.

Students will stay outside and be brought into the school by their teachers at 9:00.

On the first day, bussing will be available to take registered bus students' home at 11:45 am. CNB Staff will be available for first-time riders to ensure students depart safely on their designated route. If you have not yet registered your child for transportation to CNB for the 2025/2026 school year, please register at the SD23 website <https://www.sd23.bc.ca>. If you are new to the area or have any questions about bussing, contact the Transportation Department at 250-870-5151. Please help your child out by ensuring they know their bus route number.

On Day 1 your student will bring home a Demographic Information sheet. Please take time to review and ensure that CNB has the correct telephone, address and contact information. Please have your child return this information sheet to the school as soon as possible, including the **email address** where you would like to receive school communications. This will also allow us to ensure your information is correct so that we can contact you if there is an emergent issue.

For the first day, please send your child with a snack, water bottle and a binder with paper and a pencil.

WHAT TO EXPECT WEEK ONE:

Lockers:

Wednesday, September 3 will be a full and regular school day. Each CNB student is assigned a locker and a school combination lock during the first week. Students may not exchange lockers. Personal locks are not permitted; they are supplied at CNB. Student lockers remain the property of the school, and the school retains access to the lockers throughout the year. Students should not share their combinations with anyone, including best friends. Lost locks can be replaced at a cost of \$5.

School Supplies:

Basic supplies are all that is needed on Day 1. On Day 2 teachers will share specific supplies needed per subject. *Please continue to check in with your children throughout the year about their supplies. A box of pencils in their locker and some extra paper is a very good way to keep them going and reduce any stress.*

FOOD SERVICES:

Food services will not be available for *approximately* the first two weeks of school. As such, please be sure to send lunch and snacks with your student.

As a reminder, like all middle schools in the district, CNB is a closed campus school, meaning a student cannot leave during lunch, unless of course, they are signing out with you to attend an appointment.

We will continue to offer the Breakfast Program at CNB and will offer morning fruits and other healthy start-of-day options for all students. Getting the best start to the school day with a piece of fruit, perhaps a yogurt, granola bar, or piece of toast, ensures our students start their day off feeling ready.

We have a wonderful **School Meals Program** that will offer healthy and warm lunch options daily made in-house at CNB. Our Lunch/Meals Coordinator offers cost effective and healthy

alternatives prepared in-house Monday through Friday. A varied menu is offered each month. The monthly meals forms will become available on our website and will also be emailed out.

The CUBS Den Store will also operate later in September. The school store is operated by parent volunteers and is a snack stop that students can access during their lunch if they wish to purchase a treat (ie - if they brought their own lunch and want a small add-on).

Cub Courier

The Weekly Memo for CNB Families is called the **Cub Courier** and is sent to parents/guardians/caregivers every Friday. The Memo Establishes activities, field trips and school events for the upcoming week as well as 'Looking Ahead' dates, and important parental information to keep you informed with timely CNB happenings. Please watch for the first CNB Memo each Friday in your inbox.

Cell Phones at CNB

All cell phones will need to be powered off when students enter the building in the morning, be stored in their lockers, and kept there until they exit the building at the end of the day.

Therefore, should you need to get a message to your child, please do so by calling the office and pressing 0.

Connect Nurture & Belong – Clubs at CNB

We are very proud of the many opportunities we offer to students to connect and meet new friends. Your children will be encouraged to try out a club, some of the options that may be offered are listed below!

Chess Club	Diversity Club	Popcorn Movie Club
Craft Club	Intramurals	Kindness Club
Choir	Drama	Battle of the Books
Chill Club – Games & Puzzles	School Sports	Creative Upcycle

Ebikes and Scooters

To ensure that CNB and all SD23 middle schools are in compliance with the new E-bike and E-scooter provincial laws and age restrictions, these will not be permitted on the property at CNB. We thank you for helping us to keep our students safe and in line with provincial laws.

Lastly, I leave you with a poem from one of my favorite books on supporting middle school students, "The Successful Middle School: This We Believe."

The First Day

By Roya P. Grade 6

That first day
Where the hall is crowded and loud
You're all alone
And you just want to find a place
Where you can belong
And be yourself
Where you aren't worrying
If what you say, or do, or look like is enough

But this time, that never happened
Because today,
Even though the hall is still crowded and loud
And you don't know anyone here
At this school, people care

No one is afraid to greet you
To show you around
Give you a smile
And show that there is a place for you
Because
You
Are
enough

We look forward to Tuesday September 2! See you soon, Cubs!

Sincerely,
CNB School Leadership Team
Brad Kuhn, principal
Adrian Zuyderduyn, vice principal (last names A-K)
Carrie Wipf, vice principal (last names L-Z)