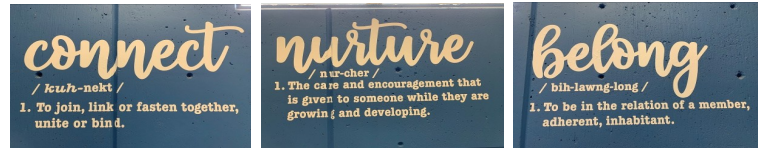




CONNECT · NURTURE · BELONG

Constable Neil Bruce Middle School



March 30 - April 3, 2026

Happy Friday, everyone! As we head into spring break, we wish all of you a restful few weeks with plenty of family time. We start Term 3 on Monday, March 30 — the first day back after spring break. Reminder, as well, that Good Friday is on April 3, followed by

Monday Skix ^w iws	Tuesday sʔasłásq̄t	Wednesday skaʔłłásq̄t	Thursday smasq̄t	Friday scłkstasq̄t
March 30	March 31	April 1	April 2	April 3
FEHG School Reopens Term 3 Begins	BADC	FEHG	BADC	NO SCHOOL - Good Friday



UPCOMING EVENTS:

April 6	April 7	April 8	April 9	April 10
NO SCHOOL - Easter Monday	HGFE	DCBA	HGFE F/S - Rotary Centre for the Arts - Worrall/McKernan 9:15am - 2:15pm	DCBA

Celebrating Our February Service Above Self Award Winner

We are excited to celebrate **Emana Concepcion (Grade 8, CNB)** and **Amelia Waters (Grade 7, CNB)** as our February recipients of the **Service Above Self Student Award**, created in partnership with the West Kelowna Rotary Club. This award honours students whose actions reflect kindness, caring, community service, and leadership through service.

Emana and Amelia have both shown what it means to be a **CNB Cub** through their ongoing kindness. They are always the first to offer a helping hand and they put others first in subtle, but impactful ways which shows their ongoing desire to care for others. Both Emana and Amelia contribute to our school community and help to create a strong sense of belonging at CNB.

Their actions strongly reflect our CNB learning priorities:

- **Connect** — They help create a welcoming, positive environment where others feel seen and valued.
- **Nurture** — Through their willingness to give their time and energy, they support others.
- **Belong** — They treat everyone with respect, inspire others through their actions, and help ensure all students feel they have a place and purpose.

Congratulations, Emana and Amelia — thank you for modeling Service Above Self!



Kindness Campaign Nominees – Celebrating Students Who Help Us Connect, Nurture, and Belong

Over the past few weeks, our school has been buzzing with positivity as we continue our **Kindness Campaign**. Staff members have been watching closely for students who demonstrate the everyday actions that help make our school such a special place.



We are proud to recognize a group of **Kindness Campaign Nominees**—students who were noticed by staff for going out of their way to show respect, include others, and create a welcoming environment for everyone in our building.

At our school, kindness isn't just about big gestures. Often it's the small things that matter most: inviting someone to join a group, helping a classmate who is struggling, showing appreciation to teachers and guests, or simply bringing positive energy into the classroom and hallways.

These students have helped show what it means to truly **Connect, Nurture, and Belong**. Their actions remind us that each of us plays a role in creating a community where everyone feels seen, supported, and valued.



We took some time this week to celebrate our nominees and recognize the impact they are having on our school culture. It was a fun and meaningful moment to highlight the many ways kindness shows up in our building every day.

Congratulations to all of our nominees, and thank you to the families who continue to raise such thoughtful, caring young people. Together, we are building the kind of community where kindness leads the way. Final congrats to our grad prize winner Jack Hart who took home a spin bike!

CNB Kindness in Action



CNB Kindness Challenge: See, Lead, & Be Kind
See and Be Heard, See and Be Kind, See and Be Leaders, CNB Proud.

How to "Catch" Kindness

- Spot the Positivity**
Students notice and "catch" peers performing verbal displays of support or inclusive leadership.
- Teacher-Led Nominations**
While students spot the acts, teachers select and submit the official nominations for their sections.
- Weekly & Monthly Shout-outs**
Winners are celebrated on school screens, social media, and during morning announcements.

Wellness Focus: Prize Schedule

- MARCH** Indoor Health Fitness Gear
- APRIL & MAY** Active Living Outdoor Wellness
- JUNE** Outdoor Fun Summer Wellness

Rewards & Impact

- Huge Monthly Prizes**
Win high-value wellness items like spin bikes, cruiser bikes, paddleboards, and trampolines.
- Daily & Weekly Giveaways**
Frequent draws for gift cards, yoga packages, and local gym memberships.
- Connect, Nurture, Belong**
Our goal is a calmer school where everyone feels safe, valued, and seen.

This past Wednesday, our school proudly recognized Pink Shirt Day — but more importantly, we demonstrated that kindness at CNB is not a one-day event. It is a movement.

On Wednesday, we officially launched our **CNB Challenge: Pro-Positivity & Kindness Campaign** -a school-wide, student-led and staff-supported initiative built around four pillars:

**See and Be Heard.
See and Be Kind.
See and Be Leaders.
CNB Proud.**

Through classroom conversations, announcements, hallway messaging, and daily modeling, we are intentionally teaching and celebrating public, verbal displays of positivity. Students are being encouraged not just to *feel* kindness, but to make it visible — to speak it, show it, and lead with it.

In just the first few days, we have already seen students publicly encouraging classmates during presentations, inviting peers to join them at lunch, offering helping hands without being asked, and choosing words that build others up. These small, visible actions are what shape culture. We know that when students practice kindness publicly and consistently, it builds courage, strengthens character, and transforms our hallways, classrooms, and online spaces.

Teachers are nominating students weekly, we are celebrating shout-outs during announcements and on our school screens, and every section will recognize a student who has excelled in demonstrating kindness. Monthly draws will recognize students from the nomination pool.

What makes this campaign especially powerful is the incredible support from our local community. Local businesses, wellness centres, and community partners have stepped forward in a remarkable way to support our students. Because of their generosity, students have opportunities to win meaningful, wellness-focused prizes, including:

- **March:** Spin Bike (approx. \$1099 value)
- **April:** Cruiser Bike (approx. \$799 value)
- **May:** Paddleboard (approx. \$599 value)
- **June:** Trampoline (approx. \$549 value)

Daily and weekly prizes donated by community partners include gift cards, yoga wellness packages, memberships to local gyms and fitness centres, climbing passes, prepaid Visa cards, and more - with additional prizes still being added.

This campaign reflects what we believe deeply at CNB: when kindness is visible, supported, and celebrated, it becomes the norm. It builds belonging. It builds leadership. It builds pride.

At CNB, kindness is not passive. It is visible. It is courageous. And it is leadership.

We are CNB Proud.



Constable Neil Bruce
Middle School

ATHLETICS



Constable Neil Bruce
Middle School

March 30 – April 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 8:45	Grade 7/8 Track Practice *Starting April 13 (See Info Below)			Grade 7/8 Track Practice *Starting April 9 (See Info Below)	
Lunch		Intramurals		Intramurals	
Resource Weight Room Usage					
Evening		Grade 7/8 Track All Comer's Meets *Starting April 14 (See Info Below)			

[CNB 7/8 TRACK AND FIELD SCHEDULE](#)

[7/8 TRACK AND FIELD – ALL COMER'S EVENT SCHEDULE](#)

[CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES](#)

Coach Contacts

Track and Field: derek.worrall@sd23.bc.ca

Mountain Biking: derek.worrall@sd23.bc.ca

Ultimate Frisbee: chris.luff@sd23.bc.ca

Athletic Director: Derek Worrall –
derek.worrall@sd23.bc.ca



Track and Field @ CNB - 2026

All grade 6, 7, and 8 students will receive introductory track and field lessons during PHE classes starting after spring break.



Grade 6s: There is no pre-registration for grade 6 track and field

- There will be a Grade 6 CNB Apple Bowl Day (April 29th) for all students. Students will be charged \$8 to cover transportation and meet expenses. The CNB meet will serve as the primary qualifier for the Grade 4-7 District Track and Field Meet (June 4).
- Qualifiers for the Grade 4-7 District Track and Field Meet will be charged \$25 to cover team registration, supervision, and transportation.
- Events for grade 6s at the Grades 4-7 District Track and Field Meet: 100m, 200m, 800m, 1200m, 4x100m (one school team), High Jump, Long Jump, Discus, Shot Put, Javelin.

Grade 7s: [2026 PRACTICE AND MEET SCHEDULE](#)

To register for grade 7 track and field [CLICK HERE](#) and use field studies code: 225056

- Grade 7s will be invited to join the CNB track and field team after spring break. This team has morning practices, that are event specific. Students come to the practices that apply to their focused events and will also be invited to evening all-comers track and field meets. There is a \$45 expense to join this team which covers entry into the all-comers meets and team registration, supervision, and transportation for the 4-7 District Track and Field Meet (June 4)
- Grade 7 students who are practicing with the CNB track and field team will have priority placement on the CNB entry for the Grades 4-7 District Track and Field Meet.
- Any remaining CNB entries for the Grades 4-7 District Track and Field Meet will come from after school/lunch event qualifiers (listen to announcements). Any students who qualify through this process will be charged \$25 (as they are not already on the CNB track and field team) to cover team entry, supervision, and transportation for the Grades 4-7 District Track and Field Meet.
- Events for grade 7s at the Grades 4-7 District Track and Field Meet: 100m, 200m, 800m, 1200m, 4x100m (one school team), High Jump, Long Jump, Triple Jump, Discus, Shot Put, Javelin.

Grade 8s: [2026 PRACTICE AND MEET SCHEDULE](#)

To register for grade 8 track and field [CLICK HERE](#) and use field studies code: 225056

- Grade 8 is the first year that students compete within BC School Sports (BCSS) regulations.
- In order to represent CNB at any meet, the student must be registered on the CNB track and field team. This team has morning practices, that are event specific. Students come to the practices that apply to their focused events and will also be invited to evening all-comers track and field meets. There is a \$45 expense to join this team which covers team entry into the all-comers meets, Zones/Valleys, and all transportation/supervision.
- Grade 8 Track and Field Meets
 - South-Central Zones: May 12 @ Kelowna Apple Bowl
 - Thompson-Okanagan Valleys: May 19 @ Kamloops Hillside Stadium
 - Provincials*** June 4 - 6 @ Langley McLeod Stadium

***Additional fees may apply for this meet. Unless there is a large number of qualifiers from our school, students may need to attend this event independently. We are usually able to pair up

Okanagan friends, family and supporters...we are SO excited to announce a local opportunity to watch our Okanagan Jr. Thunder club in action!

Our Okanagan Jr. Thunder team is hosting a wheelchair basketball showdown against the CNB Cubs right here in West Kelowna. This event is about more than basketball, it's about empowering youth, building community, and celebrating inclusivity in sport.

- ◆ Saturday, April 11, 2026
- ◆ CNB Middle School, 2010 Daimler Drive, West Kelowna
- ◆ Doors open at 10AM | Game on at 11AM
- ◆ \$10 tickets at the door
- ◆ BBQ lunch, by donation, immediately following the game, sponsored by [Accessible Okanagan](#)
- ◆ Snacks at the Concession available throughout

Come cheer loud, support adaptive sport, and help grow the future of wheelchair basketball locally and across the province! All proceeds support the Okanagan Jr. Thunder Wheelchair Basketball Club!

See you there!

ROLLIN' WITH THE THUNDER
ONE COURT. ONE COMMUNITY.

Join us to empower youth through wheelchair basketball and support inclusivity in sport. Watch Okanagan Thunder take on the CNB Cubs in a wheelchair basketball showdown!

THUNDER JR VS **CUBS**
Constable Neil Bruce

DATE: SATURDAY, APRIL 11, 2026
10:00AM - 12:30PM

LOCATION: CNB MIDDLE SCHOOL
2010 DAIMLER DRIVE, WEST KELOWNA

CASH OR E-TRANSFER

TICKETS AVAILABLE AT THE DOOR | \$10 EACH
DOORS OPEN | WARM-UP | CONCESSION @ 10AM
GAME ON @ 11AM
LUNCH BBQ SPONSORED BY ACCESSIBLE OKANAGAN @ 12NOON
LUNCH - MINIMUM \$5 DONATION

All proceeds support Okanagan Jr. Thunder Wheelchair Basketball Club
Facility rental fees | Tournament travel | Coaching certification | Wheelchair maintenance

CNB PAC

President - Christina Ennis
Vice President - Angie Braid
Treasurer - Jenny Park
Co-Treasurer - Janelle Rhode
Secretary - Verena Roberts
COPAC Representative - Haley Gigg
Members at Large - Amy Rauscher, Cassandra White, Sara Ryttersgaard, Lisa Winia-Moe, Kristi Sawh

CUBS Den Store

During lunch hour each day of the week during the school year, The Den, run by the volunteer PAC team, gives an opportunity for students to enjoy a fun treat.

Some items for sale are: ramen noodles, chips, drinks, cookies, crackers, pepperoni, fruit snacks, icecream etc. Everything is \$1 or \$2.

All profits are donated back to the school, where the PAC will fund various school-level initiatives.

CNB CLUBS



Day	Club	Time	Room	Teacher Sponsor
Monday	Games Club	Lunchtime	123, Cub Hub	Ms. Jeffrey
Monday and Wednesday	Choir Club	7:45am – 8:45am	118, Downstairs	Ms. Chisholm
Tuesday	Knitting Club	Lunchtime	102, Downstairs	Ms. Robinson
Wednesday	Homework Club	8:30am – 9:00am	TBA	TBA
Wednesday	Singing and Drumming Club	Lunchtime	127, Gathering Room	Mrs. Magnant and Mrs. Marcellay
Wednesday	Calm Club	Lunchtime	214, Upstairs	Mrs. Amorim
Wednesday	Popcorn Movie Club	Lunchtime	Port 6, Outside	Mr. Toth
Wednesday	Make a Difference Club	Lunchtime	202, Upstairs	Ms. Novak
Wednesday and Thursday	Hand Sewing Club	Lunchtime	211, Upstairs	Mrs. Fuller
Thursday	Art Club	3:30-4:30	125, Art Room	Ms. Young
Friday	Chess Club	Lunchtime	212, Upstairs	Mr. Gerrits
Friday	Gay Straight Alliance Club	Lunchtime	123, Cub Hub	Mr. Raupach, Mrs. Bush and Ms. Harsch
Friday	Colouring Club	Lunchtime	109, Downstairs	Ms. Stiles

LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program.

There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.



April 2026				
Mon	Tue	Wed	Thu	Fri
Lasagna	Chicken Burgers + Veg Dip	FEHG 1 Taco in a bag	BADC 2 Pizza	GOOD FRIDAY 3 NO SCHOOL
EASTER MONDAY 6 NO SCHOOL	HGFE 7 Hot Dogs and Veggie & Dip	DCBA 8 BLT Pasta Salad	HGFE 9 Sushi	DCBA 10 Pizza
EFGH 13 Poutine	ABCD 14 Cheeseburger, Veggies & Dip	EFGH 15 Dino Nuggets & Salad	ABCD 16 Alfredo Tortellini	EFGH 17 Pizza
CDAB 20 Shepherds Pie	GHEF 21 BBQ Ribette	CDAB 22 Perogie Casserole	GHEF 23 Chicken & Mojos	CDAB 24 Pizza
FEHG 27 Butter Chicken	BADC 28 Chicken Drumstick & Salad	FEHG 29 Mac and Cheese	BADC 30 Samosas	

JUNIOR COYOTES SPRING PROGRAMS

SPRING 30N3
Sundays
March 29 - June 21
@ KCS High School
Boys & Girls
Grades 1-12

SPRING MICROBALLERS
Sundays
March 29 - June 21
@ KCS High School
100-25pm
Boys & Girls
Ages 3-5

SPRING 50N5 LEAGUE
April 6 - June 19
Boys & Girls
Grades 1-8
1 Weekday Practice & 1 Friday Game per Week

MARCH BREAK CAMPS
March 16-17
March 23-24
Boys & Girls
Grades 1-12

WWW.GOCOYOTES.CA
250-575-7751 jessica@coobasketball.ca

UBC Geering Up Kelowna, Okanagan



Summer Camp Registration Now Open!

Take your STEM learning beyond the classroom!
Join our action-packed, hands-on summer day camps to explore the wonderful worlds of Science, Technology, Engineering, and Math (Build, explore, and design through our camps' interactive sessions. All of our summer camps are taught by passionate, subject area expert university students and meticulously designed to tap into core foundational knowledge and spark to young curious minds. Dive into Coding, innovate in unique environments like our All Girls' camps, and more! Each week is a dynamic mix of hands-on activities, demonstrations, tours, mentors, and design challenges.

Limited bursaries available. Please scan the QR code to learn more.

A Glimpse of Geering Up Camps

- Weekly programming from June 29th to September 3rd, 2026
- 9AM - 3PM (Before/After Care options available)
- UBC Okanagan, Kelowna Campus
- Grade Levels: 1-12 (Program themes vary)

Register Today!



For more info, visit: bit.ly/kelownacamps

A network member of **actua**

SPRING REC GUIDE

REGISTRATION IS NOW OPEN.

Discover fun programs, classes and camps! View the guide online at westkolumbiacity.ca/recguide.

WEST KOLUMBIA RECREATION GUIDE
This Guide is FREE

westkolumbiacity.ca/recguide

Spring League Now Open

BASKETBALL
westkooops.ca



HOUSE LEAGUES
CAMPS & CLINICS
COMPETITIVE TEAMS
YOUTH AGES 5 TO 16
SMALL GROUP & PRIVATE TRAINING

GREAT CAMPS* PROFESSIONAL INSTRUCTION CLASSES FILL EARLY-SIGN UP TODAY

RETRO SUMMER THEATRE CAMPS

-FOR YOUTH & TEENS-

LOCATIONS:
YOUTH CAMPS 6-12
POP & BASKETBALLS CAMPS
CINEMA & VIDEO CAMPS
A 107'S COMMERCE
CREATING STORIES
SPY & GYI SESSIONS

STUDIO 100, ROTARY CENTRE FOR THE ARTS
WWW.NEWVINTAGE.CA

SPRING BREAK CAMPS

Soccer:
Grades 4-8



Scan for more info!

Volleyball:
Grades 4-10



Scan for more info!

Basketball:
Grades 9-12



Scan for more info!

UBCO HEAT Move. Play. Train. @ubco_recreation

KIDS GET READY FOR FRIDAY FUN!

FIERCE FRIDAY

Drop Off the Kids, Take the Night Off!

- Epic team challenges
- Crafts and non-stop fun

FREE FAMILY FLICKS

FIREHEART
Sunday, March 29
2:00 - 4:00 pm

westkolumbiacity.ca/cityevents

UBCO HEAT

UBCO VOLLEYBALL SPRING BREAK CAMPS

Train with current Heat athletes, alumni, and experienced coaches in a positive, high-energy environment designed to build skill, confidence, and a love for the game.

Location: UBC Okanagan Gymnasium
UBCO Heat T-shirt included with registration

Grades 4-6
(Beginner)
March 17, 19, 24, 26: 10:00-11:30 AM

Grades 6-8
(Grade 8 Beginner)
Camp #1
March 17 & 19: 12:00-2:00 PM
March 20: 9:00-11:00 AM
Camp #2
March 24, 26, 27
March 24 & 26: 12:00-2:00 PM
March 27: 9:00-11:00 AM

Grades 8-10
(Grade 8 Advanced; Grades 9-10)
Camp #1
March 17, 19, 20
March 17 & 19: 2:00-4:00 PM
March 20: 11:00 AM-1:00 PM
Camp #2
March 24, 26
March 24 & 26: 2:00-4:00 PM
March 27: 11:00 AM-1:00 PM

Register Now @ gobheat.ca

CANADA SAFETY COUNCIL HOME ALONE & BABYSITTING COURSES

Kidz 4 Safety

ONLINE & IN-PERSON SESSIONS

Home Alone: Ages 9+ yrs | \$53
Babysitter Training: 10.5+ yrs | \$70

Register at:
www.babysittingkelowna.com
kidz4safety@gmail.com
or
call/text 250-317-2868

WESTSIDE OUTLAWS

NOW OPEN! SPRING REGISTRATION

U7 2019/20/21	2026	U13 2013/2014
U9 2017/2018		U15 2011/2012
U11 2015/2016	U20 2006/07/08	U17 2009/2010

REGISTER ON WESTSIDEMINORFASTBALL.CA

MONDAY GAMES&PRACTICES U7 - \$75	MON/WED GAMES&PRACTICES U9 - \$125
TUES/THURS GAMES&PRACTICES U11 - \$205	U13 - \$225
U15 - \$240	U17 - \$255
	U20 - \$255

Since 1993 Soccer Day Camps 2026

...more than just a soccer camp!

Early Deals, Big Savings, Ends March 31, 2026

- July & August weeks
- Morning & Full Day sessions
- Ages 5 to 13
- Before & After Care available

For more information: royalsoccerclub.com
800-427-0536

Mornings starting from \$165/week
Full Days starting from \$249/week

* Limited time, discounts vary, see website
** Additional discounts for West 18 & 19 & 20 & 21

DAYS OF DANCE CAMP

City of Kelowna

Let's Move and Groove!

Students dive into Jazz, Ballet, Musical Theatre, Hip Hop, and more while building confidence and learning core movement skills. It's a fun, creative way to express yourself through dance.



LOCATIONS:

- Kinsmen Fieldhouse - Mar 16-20
- Parkinson Recreation Centre - Mar 23-27

REGISTRATION:

- Sign up on our website



Only 42.50

rec.kelowna.ca or 250-469-8800

LICENSED SPRING BREAK CAMP

City of Kelowna



City of Kelowna day camps pack your week with gym games, creative crafts, outdoor adventures, and a splash-filled swim trip to Parkinson Rec Centre. Join our awesome staff for a fast-paced, fun-loaded adventure!

Age 5-12

Registration

Registration must be completed through the Program Manager. Please contact for more information.

Subsidy available!

Bankhead: bankheadkelowna@gmail.com
Watson Road: wraspkelowna@gmail.com

Free Youth Night

Parkinson Recreation Centre
Sat, March 21st
6 - 9 pm

Bring a swimsuit for the pool, shoes for the gym, your best gaming skills and an appetite for pizza!

Grades 6 - 9

kelowna.ca/recreation 250-469-8800

Kelowna EcoCooks club

April 8 - May 27
Wednesdays
3:30 - 5:45 PM

604 Cawston Ave, Kelowna BC

Come join us for 8 weeks of fun games and cooking!



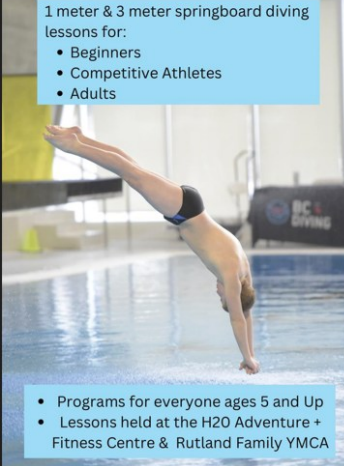
Spring 2026 Registration Open
www.ecocooks.org/registrationkelowna

Take the Plunge

Come Join our Supportive Diving Community & Learn from one of our Incredible Coaches!

1 meter & 3 meter springboard diving lessons for:

- Beginners
- Competitive Athletes
- Adults



- Programs for everyone ages 5 and Up
- Lessons held at the H2O Adventure + Fitness Centre & Rutland Family YMCA

Email ksdcd.general@gmail.com with any questions

Studio 100, Rotary Centre
www.newvintage.ca

Last Stage Performances Pro Instructors

NEW VINTAGE THEATRE

SPRING ACTING CLASSES STARTING THIS APRIL

YOUTH PLAYS
MONDAYS - DESPICABLE ME 4:15 - 5:30 PM
SATURDAYS - DESPICABLE ME 10 - 11 AM

YOUTH MUSICAL THEATRE
SATURDAYS - A 1980'S SNOW WHITE 1 - 2 PM

TEENS
Mystery Saturdays - The Watcher II 12:30pm
ADULTS
Mondays Improv Games Night 5:30 - 7pm



LEARN TO PLAY WITH THE PEACHLAND THUNDER

Tuesdays 5:15pm-6:00pm
APRIL 21ST - MAY 26TH
Cousins Field, Peachland
Ages 6 and Up!
GIRLS AND BOYS!!

New to Softball or want to improve your skills? Our Learn to Play Program teaches the basics in a fun, supportive environment. No experience needed - just come ready to have fun!!!!

Parents - No need to cook dinner! Sign up for the Gasthaus Eat and Play Dinner Deal for all of our Athletes!

TO REGISTER:
peachland.rampregistrations.com
CONTACT:
peachlandminorsoftball@gmail.com




WESTSIDE YOUTH SOFTBALL

2026 REGISTRATION NOW OPEN

RECREATIONAL PROGRAM

U7 - U18

Our Recreational program is the heartbeat of our club, and all practices and home games take place in West Kelowna.

PROGRAM STARTS APRIL 4TH
REGISTER - WWW.WYSA.CA




West Kelowna Parents & Athletes. West Kelowna Minor Football Association

SPRING 2026 COED Flag Football

If you're looking for a fun and exciting sport to get your kids involved in, look no further than flag football!

This fast-paced game is perfect for kids aged 5-13 and is a great way to learn the fundamentals of football while having a blast.

U7, U10, U12, U14 Age Groups

REGISTER NOW!



Info@westkelownabearsfootball.ca
WWW.WestKelownaBearsFootball.ca

