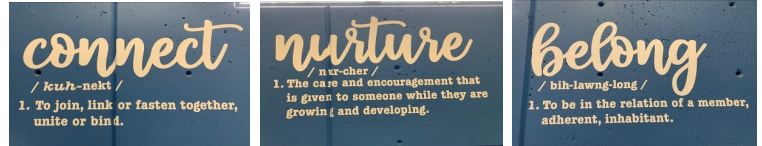





CONNECT · NURTURE · BELONG


April 27 - May 1, 2026

Constable Neil Bruce Middle School



Happy Friday, everyone! As we head into a sunny weekend, just a reminder that for our current Grade 7 students, the application package for the cultural exchange to Japan is due on Monday, April 27; interested students should complete that and submit it to the office. As well, we have our spring production of Shrek, Jr. coming up next week, and we're anticipating two evenings of sold-out shows as our students put on the performance of the year! Finally, huge congrats to our band and choir programs for their gold medal showing at the festival this week. Our Cubs are shining brightly!

Monday Skix ^w iw's	Tuesday s?asl'asqt	Wednesday ska?hl'asqt	Thursday smasqt	Friday scl'kstasqt
April 27	April 28	April 29	April 30	May 1
FEHG F/S - Wild Horse Disc Golf - Outdoor Ed8 9:15-11:25am PAC Meeting via ZOOM 7pm Join Zoom Meeting https://us05web.zoom.us/j/81474020418?pwd=Ctu4AyFYrh05Cvo80f5ZJOzYV1U1o.1 Meeting ID: 814 7402 0418	BADC F/S - Wild Horse Disc Golf - Outdoor Ed8 9:15-11:25am	FEHG Track & Field Grade 6 Apple Bowl all day  <div style="border: 2px dashed black; padding: 5px; text-align: center;"> 6:30PM SHREK Jr. The Musical Performance </div>	BADC <div style="border: 2px dashed black; padding: 5px; text-align: center;"> 6:30PM SHREK Jr. The Musical Performance </div>	FEHG

May 4	May 5	May 6	May 7	May 8
DCBA	HGFE MBSS Walk for Mental Health Event - Gerrits/Robinson 9:30am - 1:50pm Parent Info Meeting - Opening of George Pringle Secondary school 6-8pm GYM	DCBA F/S - HREC CARE Learning Showcase - Rod-way/Fuller/Raupach /Manley <div style="border: 2px solid blue; padding: 5px; text-align: center;"> F/S - Vancouver Band Trip - Thomson/Wipf May 6 - May 8 </div>	HGFE	DCBA F/S - Paynter's Market and OK Library WK - Amorim/Isley 9:15-2pm 



CNB presents our 4th Musical production:

SHREK Jr The Musical

This year we have the biggest cast ever with almost 80 students participating!

Students have worked hard since October, rehearsing at lunch and after school.

Please see the poster for more details. Thank you for your support.

They are excited to share their hard work with you!

Congratulations to the Grade 7 and Grade 8 Concert Bands who were both awarded Gold on April 22 at the Windscares Concert Band Festival.

The Jazz Band, Jazz Combo, Choir, and both Concert Bands will all receive two-year invitations to MusicFest Canada (the Nationals). Next year, the Nationals are in Calgary, and we plan to attend!

Way to go CNB!



CNB PAC

CNB PAC is inviting you to a scheduled Zoom meeting. On Monday, April 27 at 7pm.

Topic: CNB PAC April Zoom
Time: Apr 27, 2026 07:00 PM Vancouver
Join Zoom Meeting
<https://us05web.zoom.us/j/81474020418?pwd=Ctu4AyFYrlh05Cvo8Of5ZJOzYV1U1o.1>

Meeting ID: 814 7402 0418
Passcode: GY3bvV

President - Christina Ennis

Vice President - Angie Braid

Treasurer - Jenny Park

Co-Treasurer - Janelle Rhode

Secretary - Verena Roberts

COPAC Representative - Haley Gigg

Members at Large - Amy Rauscher, Cassandra White, Sara Ryttersgaard, Lisa Winia-Moe, Kristi Sawh

CNB Kindness in Action



CNB Kindness Challenge: See, Lead, & Be Kind

See and Be Heard, See and Be Kind, See and Be Leaders, CNB Proud.

How to "Catch" Kindness

Spot the Positivity
Students notice and "catch" peers performing verbal displays of support or inclusive leadership.

Teacher-Led Nominations
While students spot the acts, teachers select and submit the official nominations for their sections.

Weekly & Monthly Shout-outs
Winners are celebrated on school screens, social media, and during morning announcements.

Wellness Focus: Prize Schedule

MARCH Indoor Health
Fitness Gear

APRIL & MAY Active Living
Outdoor Wellness

JUNE Outdoor Fun
Summer Wellness

Rewards & Impact

Huge Monthly Prizes
Win high-value wellness items like spin bikes, cruiser bikes, paddleboards, and trampolines.

Daily & Weekly Giveaways
Frequent draws for gift cards, yoga packages, and local gym memberships.

Connect, Nurture, Belong
Our goal is a calmer school where everyone feels safe, valued, and seen.



This past Wednesday, our school proudly recognized Pink Shirt Day — but more importantly, we demonstrated that kindness at CNB is not a one-day event. It is a movement.

On Wednesday, we officially launched our **CNB Challenge: Pro-Positivity & Kindness Campaign** -a school-wide, student-led and staff-supported initiative built around four pillars:

**See and Be Heard.
See and Be Kind.
See and Be Leaders.
CNB Proud.**

Through classroom conversations, announcements, hallway messaging, and daily modeling, we are intentionally teaching and celebrating public, verbal displays of positivity. Students are being encouraged not just to *feel* kindness, but to make it visible — to speak it, show it, and lead with it.

In just the first few days, we have already seen students publicly encouraging classmates during presentations, inviting peers to join them at lunch, offering helping hands without being asked, and choosing words that build others up. These small, visible actions are what shape culture. We know that when students practice kindness publicly and consistently, it builds courage, strengthens character, and transforms our hallways, classrooms, and online spaces.

Teachers are nominating students weekly, we are celebrating shout-outs during announcements and on our school screens, and every section will recognize a student who has excelled in demonstrating kindness. Monthly draws will recognize students from the nomination pool.

What makes this campaign especially powerful is the incredible support from our local community. Local businesses, wellness centres, and community partners have stepped forward in a remarkable way to support our students. Because of their generosity, students have opportunities to win meaningful, wellness-focused prizes, including:

- **March:** Spin Bike (approx. \$1099 value) *****WINNER :JACK HART*****
- **April:** Cruiser Bike (approx. \$799 value)
- **May:** Paddleboard (approx. \$599 value)
- **June:** Trampoline (approx. \$549 value)

Daily and weekly prizes donated by community partners include gift cards, yoga wellness packages, memberships to local gyms and fitness centres, climbing passes, prepaid Visa cards, and more - with additional prizes still being added.

This campaign reflects what we believe deeply at CNB: when kindness is visible, supported, and celebrated, it becomes the norm. It builds belonging. It builds leadership. It builds pride.

At CNB, kindness is not passive. It is visible. It is courageous. And it is leadership.

We are CNB Proud.



Constable Neil Bruce
Middle School

ATHLETICS



Constable Neil Bruce
Middle School

APRIL 29 – GRADE 6 APPLE BOWL TRACK MEET – ALL DAY

April 27 – May 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 8:45	Grade 7/8 Track Practice (See Info Below)			Grade 7/8 Track Practice (See Info Below)	
Lunch		Intramurals		Intramurals	
	Resource Weight Room Usage				
Evening		Grade 7/8 Track All Comer's Meets (See Info Below)			

CNB 7/8 TRACK AND FIELD SCHEDULE

7/8 TRACK AND FIELD – ALL COMER'S EVENT SCHEDULE

[CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES](#)

Coach Contacts

Track and Field: derek.worrall@sd23.bc.ca

Mountain Biking: derek.worrall@sd23.bc.ca

Athletic Director: Derek Worrall –
derek.worrall@sd23.bc.ca



CNB CLUBS



Day	Club	Time	Room	Teacher Sponsor
Monday	Games Club	Lunchtime	123, Cub Hub	Ms. Jeffrey
Monday and Wednesday	Choir Club	7:45am – 8:45am	118, Downstairs	Ms. Chisholm
Tuesday	Knitting Club	Lunchtime	102, Downstairs	Ms. Robinson
Wednesday	Homework Club	8:30am – 9:00am	TBA	TBA
Wednesday	Singing and Drumming Club	Lunchtime	127, Gathering Room	Mrs. Magnant and Mrs. Marcellay
Wednesday	Calm Club	Lunchtime	214, Upstairs	Mrs. Amorim
Wednesday	Popcorn Movie Club	Lunchtime	Port 6, Outside	Mr. Toth
Wednesday	Make a Difference Club	Lunchtime	202, Upstairs	Ms. Novak
Wednesday and Thursday	Hand Sewing Club	Lunchtime	211, Upstairs	Mrs. Fuller
Thursday	Art Club	3:30-4:30	125, Art Room	Ms. Young
Friday	Chess Club	Lunchtime	212, Upstairs	Mr. Gerrits
Friday	Gay Straight Alliance Club	Lunchtime	123, Cub Hub	Mr. Raupach, Mrs. Bush and Ms. Harsch
Friday	Colouring Club	Lunchtime	109, Downstairs	Ms. Stiles

LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program.

There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.



April 2026

Mon	Tue	Wed	Thu	Fri
		FEHG ¹ Taco in a bag	BADC ² Pizza	GOOD FRIDAY ³ NO SCHOOL
EASTER MONDAY ⁶ NO SCHOOL	HGFE ⁷ Hot Dogs and Veggie & Dip	DCBA ⁸ BLT Pasta Salad	HGFE ⁹ Sushi	DCBA ¹⁰ Pizza
EFGH ¹³ Poutine	ABCD ¹⁴ Cheeseburger, Veggies & Dip	EFGH ¹⁵ Dino Nuggets & Salad	ABCD ¹⁶ Alfredo Tortellini	EFGH ¹⁷ Pizza
CDAB ²⁰ Shepherds Pie	GHEF ²¹ BBQ Ribette	CDAB ²² Perogie Casserole	GHEF ²³ Chicken & Mojos	CDAB ²⁴ Pizza
FEHG ²⁷ Butter Chicken	BADC ²⁸ Chicken Drumstick & Salad	FEHG ²⁹ Mac and Cheese	BADC ³⁰ Samosas	¹ Pizza

COMMUNITY NEWS

West Kelowna Parents & Athletes.
West Kelowna Minor Football Association

SPRING 2026 COED Flag Football

If you're looking for a fun and exciting sport to get your kids involved in, look no further than flag football!

This fast-paced game is perfect for kids aged 5-13 and is a great way to learn the fundamentals of football while having a blast.

U7, U10, U12, U14 Age Groups



REGISTER NOW!



info@westkelownabearsfootball.ca
WWW.WestKelownaBearsFootball.ca

CANADA SAFETY COUNCIL HOME ALONE & BABYSITTING COURSES

Kidz 4 Safety

ONLINE & IN-PERSON SESSIONS

Home Alone: Ages 9+ yrs | \$53
Babysitter Training: 10.5+ yrs | \$70

Register at:
www.babysittingkelowna.com
kidz4safety@gmail.com
or
call/text 250-317-2868

GREAT CAMPS* PROFESSIONAL INSTRUCTION CLASSES FILL EARLY-SIGN UP TODAY

RETRO SUMMER THEATRE CAMPS

-FOR YOUTH & TEENS-

YOUTH CAMPS 6-12
POP CULTURE, 1950s, 60s, 70s
COMIC BOOK, SUPERHEROES
SOUND BY SOUND
A 19 70's COMPELLA
BOOKS & HISTORY TALKS
CREATING STORIES
SPY VS. SPY SCHOOL

LOCATIONS:
STUDIO 100, RCA &
BLACK BOX THEATRE
TEEN CAMPS 13-18
THE WATCHER IN THE
WOODS PLAY
TEEN MUSICAL THEATRE

THEATRE FOR ALL

STUDIO 100, ROTARY CENTRE FOR THE ARTS
WWW.NEWVINTAGE.CA

BECOME A VOLUNTEER KELOWNA!

JULY 22-26, 2026

BC GAMES
KELOWNA
2026 SUMMER

WESTSIDE OUTLAWS

NOW OPEN!
SPRING REGISTRATION

U7 2019/20/21	U13 2013/2014
U9 2017/2018	U15 2011/2012
U11 2015/2016	U17 2009/2010
U20 2006/07/08	

REGISTER ON
WESTSIDEMINORFASTBALL.CA

MONDAY GAMES/PRACTICES U7 - \$75	MON/WED GAMES/PRACTICES U9 - \$125 U13 - \$225
TUES/THURS GAMES/PRACTICES U11 - \$205 U15 - \$240	U17 - \$255 U20 - \$255

UBC Geering Up Kelowna, Okanagan

Summer Camp Registration Now Open!

Take your STEM learning beyond the classroom!

Join our action-packed, hands-on summer day camps to explore the wonderful worlds of Science, Technology, Engineering, and Math! Build, explore, and design through our camps' interactive sessions.

All of our summer camps are taught by passionate, subject area expert university students and meticulously designed to tap into core foundational knowledge and speak to young curious minds.

Dive into Coding, innovate in unique environments like our All Girls' camps, and more! Each week is a dynamic mix of hands-on activities, demonstrations, tours, mentors, and design challenges.

Limited bursaries available. Please scan the QR code to learn more.

A Glimpse of Geering Up Camps

- Weekly programming from June 29th to September 3rd, 2026
- 9AM - 3PM (Before/After Care options available)
- UBC Okanagan, Kelowna Campus
- Grade Levels: 1-12 (Program themes vary)

Register Today!

For more info, visit:
bit.ly/kelownacamps

THE UNIVERSITY OF BRITISH COLUMBIA
School of Engineering
Okanagan Campus

A network member of **actua**

Register for FREE with coupon code GIRLSONLY.

Invoiced only if we meet the minimum requirement of 10 players.

VOLUNTEERS NEEDED AT THE BC GAMES THIS SUMMER

The BC Summer Games are coming to Kelowna this July 22 - 26. Events like this need reliable volunteers to help create memorable experiences for the young athletes. If you are interested in helping out please go to the website <https://bcgames.org/volunteer/>

Monday Nights April - June Gr 4/5 Gr 6/7

Spring League Now Open

GIRLS ONLY

5V5

Guaranteed
2 home games
2 away games
1 Tournament

westkhoops.ca

3X3

WILSON
BASKETBALL

Xplore Sports Z
MULTI-SPORT & MORE
 >>>> FIND YOUR GAME



April 15th
PICKLEBALL



April 22nd
ROCK CLIMBING



April 29th
VOLLEYBALL



6:00-8:00 PM

Boys and Girls Club Okanagan - 1434 Graham Street - Kelowna

- ✓ Ages 7-13
- ✓ Trained coaches
- ✓ A new and exciting sport each week
- ✓ Fun and excitement

REGISTER NOW!





In partnership with



bgc Okanagan

RECREATION PROGRAMS



REGISTRATION NOW OPEN

Fun, friendship, and new experiences start here.

Our recreation programs give children and youth a safe, welcoming place to spend time after school, on weekends, and in the evenings.

Participants can build friendships, connect with positive role models, learn new skills, and explore a wide variety of activities from arts and crafts, out-trips, culinary skills, STEM activities, to sports games and more!




AGES 7-13

REGISTER TODAY

www.bgco.ca




@BGCOKANAGAN

City of Kelowna Summer Camp Registration

Looking for fun and engaging activities for your child this summer? The City of Kelowna's summer camps are open on April 23rd for registration! Camps run throughout July and August for children ages 3-15 and include full-day, half-day, and partial-day options. This year's lineup features a wide variety of themes such as sports, cooking, art, drama, and more—plus new cooking and leadership camps. Learn more and explore the full [2026 Summer Camps Guide](#) at kelowna.ca/recreation.

UBCO HEAT

— SPORT CAMPS —



UBC Okanagan Summer Sport Camps
 Registration now open!

Visit GoHeat.ca/Camps

***Heat Summer Sports Camps:** Get ready for an unforgettable summer at UBCO Heat Summer Sports Camps—where skill development meets sunshine, fun, and friendship! Led by current Heat student-athletes, alumni, and experienced coaches, our summer camps provide a positive, high-energy environment for players of all levels. Through engaging drills, game play, and age-appropriate tactical instruction, campers will gain confidence, sharpen their skills, and make new friends along the way. Whether it's [basketball](#), [soccer](#), [ultimate athlete \(run-jump-throw\)](#), or [volleyball](#), participants will leave inspired, motivated, and ready to take their game to the next level. Register soon as spaces are limited and camps fill quickly!*