CNB Cub Courier Newsletter

Monday, October 19, 2026 - Friday, October 23, 2026

Week at a Glance



Monday / skixʷíẁs: October 19 - (FEHG)

- School Photo Retake Day
- November Optional Lunch Meals go on Sale
- Field Study - Outdoor Ed8 - Wild Horse Disc Golf Course 9:20-11:30am

Tuesday / sʔasl̓ásq̓t : October 20 - (BADC)

Wednesday / skaʔɬásq̓t: October 21 - (FEHG)

- **Early Dismissal Day - ALL STUDENTS DISMISSED AT 11:55am**
- Parent/Teacher Conferences Starts at 4pm - Ends at 6:30pm

Thursday / smasq̓t : October 22 - (BADC)

- Field Study - Outdoor Ed8 - Wild Horse Disc Golf Course 9:20-11:30am

Friday / scl̓kstasq̓t : October 23 - **NO SCHOOL**

- Teacher Professional Day

Full CNB Calendar **HERE**

Parent Portal Access Coming Soon!

CNB Families will soon have access to MyEducation BC Parent Portal.

Benefits of using the Parent Portal are:

- Parents can easily access their child's Written Learning Update (Report Cards). ***It is recommended to download and save these reports as they are only available for a small time frame.***



- Increases the security and privacy of student information - documents are stored and accessed on a secure server as opposed to being sent out via email or paper.
- Parents can view attendance, as soon as entered by the teacher.
- Parents can review demographic information and emergency contacts. If incorrect, parents can contact the school via email for changes.
- Parents can email teachers by clicking an email button and view student schedules.
- Parents can view previous transcript records and comments

You will be receive an email soon from sysadmin@myeducation.gov.bc.ca with instructions on how to access your child's account.

November Student Lunch Meals - Sale Starts Monday, Oct. 19th



November's optional lunch meal program for students who wish to participate will be
available for **purchase on Monday, Oct.19th** on their child's school cash online account.
There are two options:

1**. A full lunch meals -** every day of the week (including pizza on Fridays). The price for lunch everyday is $119. This is limited to the first 100 purchases.

2. **Pizza only option -** Last day to order Sunday, November 1. The price for pizza only lunches is $15

There will be limited quantities of meals each day available for **cash sales** after the students on our lunch program have been served.

November2026

Mon	Tue	Wed	Thu	Fri
2 Chicken Teriyaki	3 Perogies + Sausage	4 Spaghetti + Meatballs	5 Ham or Turkey Sub	6 Pizza
9 Butter Chicken Rice Bowl	10 BBQ Ribette	11 NO SCHOOL REMEMBRANCE DAY	12 Chicken Ceasar Salad	13 Pizza
16 Shepherd's Pie	17 Hot dogs Veg +Dip	18 Wings + Salad	19 Sushi	20 Pizza
23 Pork Fried Rice	24 Taco in a Bag	25 Chicken Alfredo	26 Beef Burger Veg +Dip	27 Pizza
30 Samosa's + Fruit Cups				

Photo Retake Day - Monday

Retake Day

Retake day if you missed photo day or need a retake of your school picture

Oct 19, 2026

Inside your school



Students needing retakes must bring their ID card given to them on picture day to be photographed. There is a QR code on the back of the card needed to identify the student being photographed.

Parent and Teacher Conference/Early Dismissal - Wednesday

On **Wednesday October 21st**, CNB will be hosting our student-led conferences. **Students will be dismissed at 11:55** (buses will run early) and we will invite you to join us at CNB starting at 4:00 and ending at 6:30 with your child, leading you through some of their learning from this year.

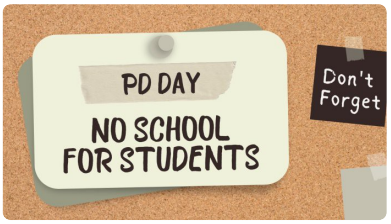


Teachers will be in their classrooms with a couple of prompts or stations set up for you and your child to talk about their learning progress. Our staff looks forward to meeting with you and seeing your children, hopefully very proudly, showcasing their growth and learning with you. Please note that our staff each have many students. We do ask that you be mindful of all our community wanting to say hello and make connections with each staff member. Additionally, should you have private or sensitive information to pass along, this is not the venue as it will be a busy evening for our staff. Please do reach out to teachers via email if you feel like you need to share information of that nature. Please also know that if our staff has a concern about a child, we don't wait until conferences but will reach out at any point in the year to address it.

We look forward to welcoming you into CNB this Wednesday, October 21st and showcasing the growth of our learners. See you then!

Professional Development Day - NO SCHOOL FRIDAY

NO SCHOOL - FRIDAY, OCTOBER 23RD
Professional Development Day is this Friday, Oct. 23rd. There will be no school for students this day.
Just a friendly reminder: our pizza lunch will be on Thursday, Oct. 22 that week.



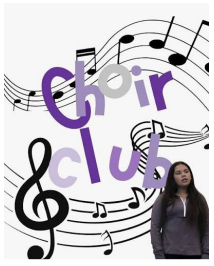
Student Clubs

CNB has a new club starting!
* Youth & Senior Club - Mrs. Fuller - room 211 - every 2nd Tuesday and every 2nd Thursday
Info: Do you want to make a difference, help bridge generations, and build friendships? Youth & Senior Club will meet twice a month at lunch in Mrs. Fuller's classroom and once a month at the Heritage Senior Facility in West Kelowna to meet new people and be part of something meaningful in our community!

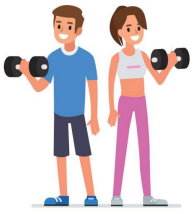
All student clubs are drop in and no experience necessary. All are welcome!

CNB Clubs

Day	Club	Time	Room	Teacher Sponsor
Monday and Wednesday	Choir Club	7:45am – 8:45am	118	Ms. Chisholm
Tuesday	Movie Club	Lunchtime	Port 6	Mr. Toth
* 2nd – Tuesday of the Month	Youth & Senior Club	Lunchtime	211	Mrs. Fuller
Wednesday	Homework Club	8:30am – 9:00am	127	Ms. Michelle and Ms. Jo
Wednesday	Dance Club	Lunchtime	112	Ms. Siegmann and Mrs. Preston
Wednesday	Singing and Drumming Club	Lunchtime	127	Ms. Michelle and Ms. Jo
Wednesday	Calm Club	Lunchtime	203	Mr. Walley and Mr. Fournie
Wednesday	Pokémon Club	Lunchtime	105	Ms. Harsch
Thursday	Movie Club	Lunchtime	111	Mr. Luff
Thursday	Art Club	3:30-4:30	125	Ms. Young
* 2nd – Thursday of the Month	Youth & Senior Club	Lunchtime	211	Mrs. Fuller
Friday	Knitting Club	8:30am-8:55am	103	Mrs. Hagen
Friday	Chess Club	Lunchtime	Port 2	Mr. Ortwein
Friday	Gay Straight Alliance Club	Lunchtime	123	Ms. Bush and Ms. Harsch
Friday	Colouring Club	Lunchtime	202	Ms. Novak
Friday	Card Game Club	Lunchtime	102	Ms. Robinson
Tues, Wed, Thurs	Fitness Club	8:30 - 9:00am	Weight Room	CEA'S
Tues, Wed, Thurs	Homework Club	8:30 – 9:00am	Library	CEA'S







PAC Zoom Meeting - Monday, Oct. 26

This months PAC meeting will be held via zoom at 7pm. A link to join will be available next week.



Treat Sale - Friday, October 30

Our CNB PAC sponsors the amazing Treat Sale on October 30. Treats go on sale, after school in our Multi Purpose room and cost $1- $2. Thank you for your support!



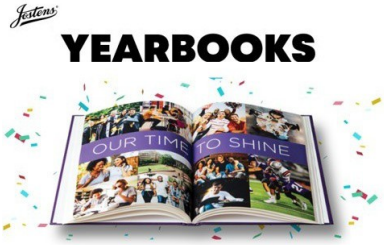
🏅 Athletics

For Athletics inquiries, please contact derek.worrall@sd23.bc.ca

All CNB athletic team information can be found at this link: **CNB Athletic Information**
This is a "live" document so check back often for updates.



Yearbook



Our CNB 2026-2027 Yearbook is now available for purchase. You can buy your child's school cashonline account or cash at the school office. Earlybird price is $45 so don't delay. This is an optional purchase.

Thank you for your support!

Reporting Absences, Late Arrivals or Early Dismissals

If your child will be absent, arriving late, or signed out early, please be sure to put it into our School Messenger system.

Attendance reporting can be done three ways:

1. Go to http://go.schoolmessenger.ca/
2. Phone the school (250-870-5177) and press “1” to access the automated system
3. Download the School Messenger App and follow the prompts

Paying School Fees

Please go to **School Cash Online** to pay for your child's school fees. These fees help to cover costs of school events, supplies and field studies throughout the year.

If you are having difficulties with School Cash Online, please contact the parent support line at 1-866-961-1803 or email parenthelp@schoolcashonline.com

If you prefer to pay cash, please come to the school office.

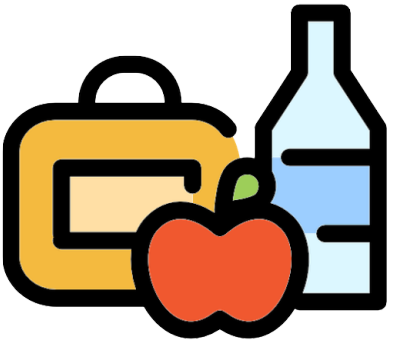
Please contact the CNB Administration team if you are facing a financial hardship that may restrict the ability of your child to access a school program so we can help with financial matters.

Food at CNB

Breakfast

During the school year, there is food available every morning for any students who need it. No need to sign up - just stop by the Cafeteria in the MPR for some good brain food before a day of learning.

Lunch



Our daily lunch meal program is provided at the Kitchen/Cafeteria located in the MPR. The meals offered range from, shepherds pie, burgers, pasta, butter chicken, chili, etc. Each month we will post the meal items for each day.

Students can get lunch food three ways:
1. MONTHLY PAY - Pay monthly on your child's fee account (SchoolCashOnline) and receive the daily meal all month long
2. SCHOOL SPONSORED LUNCH - Please email cnb@sd23.bc.ca if your family could use financial support for food and you will be added to the school sponsored list where you receive the daily meal at no cost.
3. CASH SALES: Limited quantities of meals each day are sold after the students on our lunch program have been served. The Monday through Thursday meals are sold at $6.50 and on Fridays, each pizza slice is sold for $3.75

For more information, click **HERE**.

Snacks at the Den (School Store)

During the lunch hour each day of the week during the school year, The Den (School Store), offers the students the opportunity to enjoy a fun treat.
Some items for sales are drinks, noodles, chips, cookies, crackers, pepperoni, fruit snacks, etc. Everything is $1 or $2.

The store is run by parent volunteers on the PAC team. All the profits are donated back to the school where the PAC will fund various school level initiatives.

Lunch at the School Cafeteria this Week

October Meals 2026

18	19 FEHG SHEPHERDS PIE	20 BADC HOT DOG & VEG's	21 FEHG Early Dismissal 11:55am Parent/Teacher Conferences 4:00pm	22 BADC PIZZA	23 Professional Development Day - NO SCHOOL	24
25	26 HGFE LASAGNE	27 DCBA CHICKEN BURGER & VEG's	28 HGFE SAMOSA	29 DCBA SUSHI	30 HGFE PIZZA	31

Fundraising

Return-It Express

CNB has an ongoing fundraiser with Return-It Express. Please consider supporting our Leadership students when returning your cans/bottles.

Nature's Fare 3% Community Club

CNB's Parent Advisory Council (PAC) has an ongoing fundraiser with Nature's Fare. Please drop your Nature's Fare receipts in the club box at the school office and the PAC will submit them for a 3% cash back donation to the school.

Community Events & Resources



Parent Information Night for Child Safety



BGCO Recreation Programs



Rotary Centre for the Arts - 2027 Camps



Kelowna Dolphins

Fall 2026



Home Alone and Babysitting Courses



Kelowna Springboard Diving Club

Any questions?

Please contact the CNB Office

Hours: 8:00 AM - 4:00 PM

Phone: 250-870-5177

Email: cnb@sd23.bc.ca

Website: https://cnb.sd23.bc.ca

We acknowledge that we are learning on
the traditional and unceded territory of the Okanagan syilx people.