



CONNECT · NURTURE · BELONG

February 23 - 27, 2026

# Constable Neil Bruce Middle School



Happy Friday, everyone! Our annual cultural exchange with our sister school from Kasugai, Japan is going great — we're hosting almost 50 students at CNB, with plenty of rich opportunities for exchanging cultural experiences and making strong friendships and lasting memories. Over the weekend, the students will experience some Canadian pastimes, and then they'll head out on Monday morning for the trip back to Japan. Thank you to all of our host families for opening up your homes! As we look towards next week, we have Pink Shirt Day coming up, as well as our annual WFN and RCMP versus CNB basketball game on Friday night next week. For now, stay warm out there!

Monday Skix <sup>w</sup> iw's	Tuesday s?as'ásq̄t	Wednesday ska?h'lásq̄t	Thursday smasq̄t	Friday sc'lkstasq̄t
February 23	February 24	February 25	February 26	February 27
<b>DCBA</b>  F/S - Outdoor Ed8 Burdeniuk 9:15am-11:55am  Japanese Exchange Students go home  PAC Meeting via ZOOM 7pm	<b>HGFE</b>  F/S - Stuart Park Skating Rink - Verstraete/ Vasko/ Hegberg/ Rathjen 10:30-2:50  Cultural Presenter Visits - Classroom Tamelin PM	<b>DCBA</b>  <b>PINK SHIRT DAY</b> School Lesson 9am  PAC Treat Sale 3:15pm	<b>HGFE</b>	<b>DCBA</b>  Basketball Game: WFN/RCMP vs CNB 4:30pm

## CNB PAC ZOOM MEETING - MONDAY, FEB. 23 at 7pm

Topic: February PAC Zoom

Time: Feb 23, 2026 07:00 PM Vancouver

Join Zoom Meeting

<https://us05web.zoom.us/j/81014502066?pwd=KFp55xnXbglK1ppXCp5pnZn0Ne2C9a.1>

Meeting ID: 810 1450 2066

Passcode: ZXm4w1

# CNB CLUBS



Day	Club	Time	Room	Teacher Sponsor
Monday	Games Club	Lunchtime	123, Cub Hub	Ms. Jeffrey
Monday and Wednesday	Choir Club	7:45am – 8:45am	118, Downstairs	Ms. Chisholm
Tuesday	Knitting Club	Lunchtime	102, Downstairs	Ms. Robinson
Wednesday	Homework Club	8:30am – 9:00am	127, Gathering Room	Mrs. Morgan
Wednesday	Singing and Drumming Club	Lunchtime	127, Gathering Room	Mrs. Magnant and Mrs. Marcellay
Wednesday	Calm Club	Lunchtime	214, Upstairs	Mrs. Amorim
Wednesday	Popcorn Movie Club	Lunchtime	Port 6, Outside	Mr. Toth
Wednesday	Make a Difference Club	Lunchtime	202, Upstairs	Ms. Novak
Thursday	Art Club	3:30-4:30	125, Art Room	Ms. Young
Thursday	Hand Sewing Club	Lunchtime	211, Upstairs	Mrs. Fuller
Friday	Chess Club	Lunchtime	212, Upstairs	Mr. Gerrits
Friday	Gay Straight Alliance Club	Lunchtime	123, Cub Hub	Mr. Raupach
Friday	Colouring Club	Lunchtime	109, Downstairs	Ms. Stiles

## LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program.

There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.



February 2026				
Mon	Tue	Wed	Thu	Fri
EFGH 2 <b>Shepherds Pie</b>	ABCD 3 <b>Poutine</b>	EFGH 4 <b>Taco in a Bag</b>	ABCD 5 <b>Hotdog and Veggies and Dip</b>	EFGH 6 <b>Pizza</b>
CDAB 9 <b>Chicken Stirfry</b>	GHEF 10 <b>Beef Burger and Veggies and Dip</b>	CDAB 11 NO STUDENT LUNCH Parent/Teacher Conferences - Early Dismissal 11:55am	GHEF 12 <b>Pizza</b>	13 Pro D Day NO SCHOOL
16 Family Day NO SCHOOL	BADC 17 <b>Butter Chicken</b>	FEHG 18 <b>Bagel Bites and Salad</b>	BADC 19 <b>Chicken and Mojo's</b>	FEHG 20 <b>Pizza</b>
DCBA 23 <b>Sushi</b>	HGFE 24 <b>Spaghetti and Meatballs</b>	DCBA 25 <b>Dino Nuggets and Mashed Potatoes</b>	HGFE 26 <b>Samosas</b>	DCBA 27 <b>Pizza</b>



Constable Neil Bruce  
Middle School

# ATHLETICS



Constable Neil Bruce  
Middle School

February 23 – 27					
	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 - 8:30		Grade 6 Girls Basketball Practice		Grade 7 Girls Basketball Practice	Grade 7 Boys Basketball Practice
Lunch	Grade 7 Girls Basketball Practice	Intramurals		Intramurals	
Resource Weight Room Usage					
3:30 - 5:00		Grade 6 Boys Basketball Practice		Grade 6 Boys Basketball Practice	
5:00 - 8:30	Grade 7 Boys Basketball Games @ CNB  CNB 1 vs. KLO 1 @ 5:30 pm  CNB 2 vs. KLO 2 @ 7:00 pm	Grade 7 Girls Basketball Game @ CNB  CNB vs. RMS @ 5:30 pm  Meet Mr. Toth at @ 5:00 pm	Grade 6 Boys and Girls Basketball Games  Boys @ GMS  Girls @ CNB  Meet your coaches @ 5:00 pm		WFN/RCMP vs. CNB (Grade 8s) Fundraiser Game  4:30 pm

**\*AS OF FEB. 17\*** - [CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES](#)

## Coach Contacts

6B Basketball – Michael.Burdeniuk@sd23.bc.ca, Steven.Fisher@sd23.bc.ca, Rob.Hegberg@sd23.bc.ca, and John.Buchanan@sd23.bc.ca

6G Basketball – Bj.Powlesland@sd23.bc.ca, Jennifer.Craig@sd23.bc.ca, and Tahnee.Pierson-Roberts@sd23.bc.ca

7B Basketball – Community coach Ryan, Patrick, and Jamie (Email Mr. Worrall)

7G Basketball – Andrew.Toth@sd23.bc.ca

8B Basketball – Winston.Wong@sd23.bc.ca and community coach: Tyler

8G Basketball – Brad.Vissia@sd23.bc.ca and Erika.Castellanosca@sd23.bc.ca

Athletic Director: Derek Worrall – derek.worrall@sd23.bc.ca



# COMMUNITY NEWS

**Spring League Now Open** BASKETBALL  
westsidhoops.ca

HOUSE LEAGUES  
CAMPS & CLINICS  
COMPETITIVE TEAMS  
YOUTH AGES 5 TO 16  
SMALL-GROUP & PRIVATE TRAINING

3X3

**2026 NFL SPRING FLAG**

REGISTRATION CLOSING SOON ON MARCH 9TH

KELOWNA MINOR FOOTBALL ASSOCIATION

KMFA.CA GET SIGNED UP TODAY



GREAT CAMPS\* PROFESSIONAL INSTRUCTION  
CLASSES FILL EARLY-SIGN UP TODAY

**RETRO SUMMER THEATRE CAMPS**  
-FOR YOUTH & TEENS-

LOCATIONS:  
YOUTH CAMPS 8-12: STUDIO 100, RICA & BLACK BOX THEATRE  
SUMMER DECADES IN: TEEN CAMPS (12-18): THE WATCHER IN THE WOODS PLAY, TEEN MUSICAL THEATRE

STUDIO 100, ROTARY CENTRE FOR THE ARTS  
WWW.NEWVINTAGE.CA

**SPRING BREAK CAMPS**

Soccer: Grades 4-8  
Volleyball: Grades 4-10  
Basketball: Grades 9-12

UBCO HEAT Move. Play. Train. @ubco\_recreation

**WESTSIDE OUTLAWS**

NOW OPEN!  
**SPRING REGISTRATION**

U7 2019/20/21 U13 2013/2014  
U9 2017/2018 U15 2011/2012  
U11 2015/2016 U20 2006/07/08 U17 2009/2010

REGISTER ON WESTSIDEMINORFASTBALL.CA

MONDAY GAMES&PRACTICES U7 - \$75 MON/WED GAMES&PRACTICES U9 - \$125 U13 - \$225 U17 - \$\$255 U20 - \$255  
TUES/THURS GAMES&PRACTICES U11 - \$205 U15 - \$240

**NEW VINTAGE THEATRE**

NEW SESSION STARTS WEEK OF JAN 10

**THEATRE CLASSES**  
Winter 2026

YOUTH CLASSES (AGES 6-11)  
MISSION POSSIBLE-A SPY STORY SATURDAYS, 10-11AM  
K-POP MUSICAL THEATRE CLASS-ORIGIN STORY SATURDAYS, 1-2PM OR MONDAYS, 4-5:30PM  
ALICE IN WONDERLAND SATURDAYS, 2-3PM

ADULT CLASSES  
IMPROV GAMES NIGHT MONDAYS, 5:30-7PM  
LET'S MAKE A MURDER MYSTERY MONDAYS, 7-8:30PM  
DIRECTING & PLAYWRITING WORKSHOPS-JANUARY & FEBRUARY

TEEN CLASSES (AGES 12-17)  
DOWN A DARK HALL-MYSTERY PLAY SATURDAYS, 11-12:30PM

SPRING BREAK CAMPS-MARCH  
WEEK #1-SING! DANCE!ACT!-YOUTH  
WEEK #2-HEROES & VILLAINS-YOUTH  
WEEK #2-MUSICAL THEATRE-TEENS

NEWVINTAGE.CA

**CANADA SAFETY COUNCIL HOME ALONE & BABYSITTING COURSES**

**Kidz 4 Safety**

ONLINE & IN-PERSON SESSIONS

Home Alone: Ages 9+ yrs | \$53  
Babysitter Training: 10.5+ yrs |\$70

Register at:  
[www.babysittingkelowna.com](http://www.babysittingkelowna.com)  
kidz4safety@gmail.com  
or  
call/text 250-317-2868

Since 1993

**Soccer Day Camps 2026**

...more than just a soccer camp!

Early Deals, Big Savings, Ends March 31, 2026

July & August weeks Morning & Full Day sessions  
Ages 5 to 13 Before & After Care available

Mornings starting from \$165/week  
Full Days starting from \$249/week

For more information: royalsoccerclub.com 800-427-0536

# DAYS OF DANCE CAMP

City of Kelowna

**Let's Move and Groove!**

Students dive into Jazz, Ballet, Musical Theatre, Hip Hop, and more while building confidence and learning core movement skills. It's a fun, creative way to express yourself through dance.



**LOCATIONS:**

- Kinsmen Fieldhouse - Mar 16-20
- Parkinson Recreation Centre - Mar 23-27

**REGISTRATION:**

- Sign up on our website



**Only 42.50**

rec.kelowna.ca or 250-469-8800

# LICENSED SPRING BREAK CAMP

City of Kelowna



City of Kelowna day camps pack your week with gym games, creative crafts, outdoor adventures, and a splash-filled swim trip to Parkinson Rec Centre. Join our awesome staff for a fast-paced, fun-loaded adventure!

**Age 5-12**

**Registration**  
Registration must be completed through the Program Manager.  
Please contact for more information.

**Subsidy available!**

Watson Rd Elementary | Bankhead Elementary

Bankhead: bankheadkelowna@gmail.com  
Watson Road: wraspkelowna@gmail.com

# Free youth night

City of Kelowna

**Parkinson Rec. Centre**

Please bring a swimsuit for the pool, shoes for the gym, your best gaming skills and an appetite for pizza!



**SIX SEVEN**

Saturday February 21st  
March 21st  
6:00-9:00PM

## COHA 40

Expressive Arts Night for Teens  
Create Your Own "Altered Book"

Date: Tuesday, February 24th  
Time: 4pm-5:30pm (ages 13-19)  
Location: #200-1890 Cooper Rd, Kelowna

Discover a non-traditional way to write a story. Learn techniques from collage to black out poetry as you choose from a variety of books to create one that is uniquely yours. All materials will be provided and no art experience is required.

Central Okanagan Hospice Association, in collaboration with art therapist, Amy Van Dongen, is pleased to offer a special Expressive Arts Night for youth ages 13-19. An evening of artistic reflection and creativity for youth who have experienced the loss of a family member or friend. Registration is required and space is limited. There is no cost to attend.

To register, please call: **Andi Harvey 250.763.5511**  
Or email: **andi@hospicecoha.org**

COHA AUGUST CENTRE #200-1890 Cooper Rd, Kelowna, BC | P. 250.763.5511 | www.hospicecoha.org

## Brave Hearts Club

Children's Grief and Loss Support Group

Where Healing Meets Connection

COHA 40

Wednesdays from 4pm-5:30pm  
January 28 - March 25  
No session on February 11th

Central Okanagan Hospice Association is pleased to offer an eight week grief and loss support group for children ages 6-12 who have experienced the loss of a family member or friend through death.

- A safe space to explore grief
- Art, games, gentle discussion
- Snacks and refreshments

No cost to attend



Registration is Required  
Starts Jan 28<sup>th</sup>, 4pm-5:30pm  
COHA August Center, #200-1890 Cooper Road

andi@hospicecoha.org 250.763.5511

## KCR COMMUNITY RESOURCES

# Diversity, Equity, & Inclusion Workshop



Explore the topics of diversity, equity, inclusion, and justice and why they matter.  
Open to anyone in the community!

**Register Now!**



This workshop takes place over two dates one week apart to allow time for reflection.

**When:** March 3<sup>rd</sup>, 5:00pm - 8:00pm  
March 10<sup>th</sup>, 5:00pm - 8:00pm

**Where:** KCR Community Resources, 620 Leon Ave - 2<sup>nd</sup> Floor

**Cost:** FREE

Questions? Contact: ximena | ximena@kcr.ca | 250-762-8008 ext. 202

Funded by: Provincial Government of British Columbia  
Partners: LIP, YD, Immigration, Refugees and Citizenship Canada, Immigration, Refugees and Citizenship Canada at Clayoquot Canada

# WESTSIDE WEST KELLOWNA

# SOCCER EXPERIENCE

FREE

**MARCH 1<sup>ST</sup> 2026**

- 8:30AM-9:30AM | U4-U6 BOYS AND GIRLS
- 9:45AM-10:45AM | U7-U10 BOYS AND GIRLS
- 11AM-12PM | U11-U15 BOYS AND GIRLS

WYSA wants to share the beauty of the game by inviting kids who have yet to experience the love of soccer!

This is for children that did not play for WYSA in 2025.

**REGISTER AT WYSA.CA TO SECURE YOUR SPOT AND JOIN THE FUN**

# WESTSIDE WEST KELLOWNA

# 2026 REGISTRATION

NOW OPEN

RECREATIONAL PROGRAM

**U7 - U18**

Our Recreational program is the heartbeat of our club, and all practices and home games take place in West Kelowna.

PROGRAM STARTS APRIL 4TH

REGISTER - WWW.WYSA.CA

# West Kelowna Parents & Athletes.

# West Kelowna Minor Football Association

# SPRING 2026

# COED Flag Football

If you're looking for a fun and exciting sport to get your kids involved in, look no further than flag football!

This fast-paced game is perfect for kids aged 5-13 and is a great way to learn the fundamentals of football while having a blast.

**U7, U10, U12, U14 Age Groups**



**REGISTER NOW!**



Info@westkelownabearsfootball.ca  
WWW.WestKelownaBearsFootball.ca