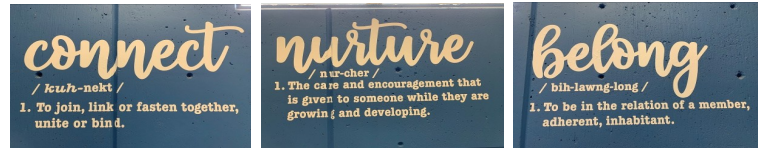





CONNECT · NURTURE · BELONG

Constable Neil Bruce Middle School



April 13- April 17, 2026

Happy Friday, everyone! We hope that your week has been going well. With all of this great weather, it's perfect timing for our students to keep going with their track and field practice, an annual stretch of learning that is a fantastic experience for our students. As we look ahead to the next few weeks, we have many field studies on the go, the annual jazz festival, and our annual spring drama production — this year, it's Shrek, Jr. with two performances set for April 29 and 30. Lots of great opportunities for our students to showcase their learning and to put on a show!

Monday Skix ^w iws	Tuesday s?asłásqt	Wednesday ska?łlásqt	Thursday smaşqt	Friday sçłkstasqt
April 13	April 14	April 15	April 16	April 17
EFGH F/S - Upper Canyon Regional Park - Outdoor Ed8 9:15 - 11:15am F/S - Whiski-Jacks Pins and Pints Harsch/Tamelin 12:45 - 2:55pm Optional Meal Program Available to purchase online	ABCD F/S - St. Michaels Cathedral Chisholm Choir 9am - 3pm F/S - Upper Canyon Regional Park - Outdoor Ed8 9:15 - 11:15am	EFGH PAC Treat Sale 3:15pm	ABCD F/S - BC Interior Jazz Festival - Thompson Band All day	EFGH F/S - Kelowna Community Theatre - Chisholm Choir 8:45-11:45am
April 20	April 21	April 22	April 23	April 24
CDAB Tickets to this year Drama Production of SHREK The Musical available to purchase on School Cashonline 	GHEF	CDAB Windscares Concert Band Festival	GHEF	CDAB F/S - Wild Horse Disc Golf - Outdoor Ed8 9:15-11:25am Deadline for Class Placement requests



CNB presents our 4th Musical production:

SHREK Jr The Musical

This year we have the biggest cast ever with almost 80 students participating!

Students have worked hard since October, rehearsing at lunch and after school.

Tickets go on sale on Monday, April 20th on school cashonline. Seats are limited to the first 250 participants.

Please see the poster for more details. Thank you for your support.

They are excited to share their hard work with you!

Parent Input for Class Placements - For current CNB Grade 6 and 7 Students

As we begin the process of planning class placements for next September, we want to share an overview of our process and how you can provide input. At CNB, our staff devotes significant time and thought to creating balanced, supportive class groupings that meet the needs of all students.

One of our goals in middle school is to help students grow socially by expanding their social circles. To support this, we intentionally mix students from different backgrounds and communities in order to *nurture* learning, foster *connection*, and support *belonging* and personal growth. Our daily Connection Time—15 minutes at the start of each day—is one way through which we actively build a caring and inclusive classroom culture.

If you would like to share **educational information** that you believe is important for your child's placement, we invite you to complete the following form. Educational reasons might include some any or all of the following: specific learning needs, social-emotional supports, or other factors that affect your child's success at school.

The deadline to submit your input is **Friday, April 24**.

All submissions will be reviewed and considered carefully as part of the placement process. **While we cannot guarantee all requests will be met**, we are committed to supporting each student's learning and well-being.

[CNB Class Placement Input](#)

CNB Kindness in Action



CNB Kindness Challenge: See, Lead, & Be Kind

See and Be Heard, See and Be Kind, See and Be Leaders, CNB Proud.

How to "Catch" Kindness

Spot the Positivity
Students notice and "catch" peers performing verbal displays of support or inclusive leadership.

Teacher-Led Nominations
While students spot the acts, teachers select and submit the official nominations for their sections.

Weekly & Monthly Shout-outs
Winners are celebrated on school screens, social media, and during morning announcements.

Wellness Focus: Prize Schedule

- MARCH** Indoor Health
Fitness Gear
- APRIL & MAY** Active Living
Outdoor Wellness
- JUNE** Outdoor Fun
Summer Wellness

Rewards & Impact

Huge Monthly Prizes
Win high-value wellness items like spin bikes, cruiser bikes, paddleboards, and trampolines.

Daily & Weekly Giveaways
Frequent draws for gift cards, yoga packages, and local gym memberships.

Connect, Nurture, Belong
Our goal is a calmer school where everyone feels safe, valued, and seen.



This past Wednesday, our school proudly recognized Pink Shirt Day — but more importantly, we demonstrated that kindness at CNB is not a one-day event. It is a movement.

On Wednesday, we officially launched our **CNB Challenge: Pro-Positivity & Kindness Campaign** -a school-wide, student-led and staff-supported initiative built around four pillars:

**See and Be Heard.
See and Be Kind.
See and Be Leaders.
CNB Proud.**

Through classroom conversations, announcements, hallway messaging, and daily modeling, we are intentionally teaching and celebrating public, verbal displays of positivity. Students are being encouraged not just to *feel* kindness, but to make it visible — to speak it, show it, and lead with it.

In just the first few days, we have already seen students publicly encouraging classmates during presentations, inviting peers to join them at lunch, offering helping hands without being asked, and choosing words that build others up. These small, visible actions are what shape culture. We know that when students practice kindness publicly and consistently, it builds courage, strengthens character, and transforms our hallways, classrooms, and online spaces.

Teachers are nominating students weekly, we are celebrating shout-outs during announcements and on our school screens, and every section will recognize a student who has excelled in demonstrating kindness. Monthly draws will recognize students from the nomination pool.

What makes this campaign especially powerful is the incredible support from our local community. Local businesses, wellness centres, and community partners have stepped forward in a remarkable way to support our students. Because of their generosity, students have opportunities to win meaningful, wellness-focused prizes, including:

- **March:** Spin Bike (approx. \$1099 value) *****WINNER : JACK HART*****
- **April:** Cruiser Bike (approx. \$799 value)
- **May:** Paddleboard (approx. \$599 value)
- **June:** Trampoline (approx. \$549 value)

Daily and weekly prizes donated by community partners include gift cards, yoga wellness packages, memberships to local gyms and fitness centres, climbing passes, prepaid Visa cards, and more - with additional prizes still being added.

This campaign reflects what we believe deeply at CNB: when kindness is visible, supported, and celebrated, it becomes the norm. It builds belonging. It builds leadership. It builds pride.

At CNB, kindness is not passive. It is visible. It is courageous. And it is leadership.

We are CNB Proud.



Constable Neil Bruce
Middle School

ATHLETICS



Constable Neil Bruce
Middle School

April 13 – 17					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 8:45	Grade 7/8 Track Practice (See Info Below)			Grade 7/8 Track Practice (See Info Below)	
Lunch		Intramurals		Intramurals	
Resource Weight Room Usage					
Evening		Grade 7/8 Track All Comer's Meets (See Info Below)			

[CNB 7/8 TRACK AND FIELD SCHEDULE](#)

[7/8 TRACK AND FIELD – ALL COMER'S EVENT SCHEDULE](#)

[CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES](#)

Coach Contacts

Track and Field: derek.worrall@sd23.bc.ca

Mountain Biking: derek.worrall@sd23.bc.ca

Athletic Director: Derek Worrall –
derek.worrall@sd23.bc.ca



MAY'S OPTIONAL MEAL PROGRAM MENU

May's optional lunch meal program for students who wish to participate will be available for purchase on **Monday, April 13.**

There are two options:

1. A full lunch meals program that is every day of the week (including pizza on Fridays) Limit to the first 100 purchases.
2. Pizza only option (Fridays only) Last day to order Sunday, March 29 .

On Wednesday, March 11, parents who wish to have their child participate can pay online at School Cash Online.

Please Note: no refunds are given for student absence.

May 2026				
Mon	Tue	Wed	Thu	Fri
				FEHG 1 Pizza
DCBA 4 Samosa's	HGFE 5 Meatball Penne	DCBA 6 Chicken Burger <small>SST 8:15am</small>	HGFE 7 B.L.T Pasta Salad	DCBA 8 Pizza
EFGH 11 Shepherd's Pie	ABCD 12 Hotdog Veg+Dip	EFGH 13 Chicken Mojo's <small>SST 8:15am</small>	ABCD 14 Mac+Cheese	EFGH 15 Pizza
VICTORIA DAY NO SCHOOL 18	CDAB 19 Butter Chicken	GHEF 20 BBQ Ribette <small>SST 8:15am</small>	CDAB 21 Perogie Casserole	GHEF 22 Pizza
BADC 25 Meatball Penne	FEHG 26 Beef Burger Veg+Dip	BADC 27 Taco in a bag <small>SST 8:15am</small>	FEHG 28 Poutine	BADC 29 Pizza

CNB CLUBS



Day	Club	Time	Room	Teacher Sponsor
Monday	Games Club	Lunchtime	123, Cub Hub	Ms. Jeffrey
Monday and Wednesday	Choir Club	7:45am – 8:45am	118, Downstairs	Ms. Chisholm
Tuesday	Knitting Club	Lunchtime	102, Downstairs	Ms. Robinson
Wednesday	Homework Club	8:30am – 9:00am	TBA	TBA
Wednesday	Singing and Drumming Club	Lunchtime	127, Gathering Room	Mrs. Magnant and Mrs. Marcellay
Wednesday	Calm Club	Lunchtime	214, Upstairs	Mrs. Amorim
Wednesday	Popcorn Movie Club	Lunchtime	Port 6, Outside	Mr. Toth
Wednesday	Make a Difference Club	Lunchtime	202, Upstairs	Ms. Novak
Wednesday and Thursday	Hand Sewing Club	Lunchtime	211, Upstairs	Mrs. Fuller
Thursday	Art Club	3:30-4:30	125, Art Room	Ms. Young
Friday	Chess Club	Lunchtime	212, Upstairs	Mr. Gerrits
Friday	Gay Straight Alliance Club	Lunchtime	123, Cub Hub	Mr. Raupach, Mrs. Bush and Ms. Harsch
Friday	Colouring Club	Lunchtime	109, Downstairs	Ms. Stiles

LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program.

There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.

April 2026				
Mon	Tue	Wed	Thu	Fri
		FEHG 1 Taco in a bag	BADC 2 Pizza	GOOD FRIDAY 3 NO SCHOOL
EASTER MONDAY 6 NO SCHOOL	HGFE 7 Hot Dogs and Veggie & Dip	DCBA 8 BLT Pasta Salad	HGFE 9 Sushi	DCBA 10 Pizza
EFGH 13 Poutine	ABCD 14 Cheeseburger, Veggies & Dip	EFGH 15 Dino Nuggets & Salad	ABCD 16 Alfredo Tortellini	EFGH 17 Pizza
CDAB 20 Shepherds Pie	GHEF 21 BBQ Ribette	CDAB 22 Perogie Casserole	GHEF 23 Chicken & Mojos	CDAB 24 Pizza
FEHG 27 Butter Chicken	BADC 28 Chicken Drumstick & Salad	FEHG 29 Mac and Cheese	BADC 30 Samosas	

COMMUNITY NEWS



VOLUNTEERS NEEDED AT THE BC GAMES THIS SUMMER

The BC Summer Games are coming to Kelowna this July 22 - 26. Events like this need reliable volunteers to help create memorable experiences for the young athletes. If you are interested in helping out please go to the website <https://bcgames.org/volunteer/>

West Kelowna Parents & Athletes.
West Kelowna Minor Football Association

SPRING 2026

COED Flag Football

If you're looking for a fun and exciting sport to get your kids involved in, look no further than flag football!

This fast-paced game is perfect for kids aged 5-13 and is a great way to learn the fundamentals of football while having a blast.

U7, U10, U12, U14 Age Groups



REGISTER NOW!



info@westkelownabearsfootball.ca
www.WestKelownaBearsFootball.ca

UBCO HEAT
— SPORT CAMPS —

UBC Okanagan Summer Sport Camps
Registration now open!

Visit GoHeat.ca/Camps

Heat Summer Sports Camps: Get ready for an unforgettable summer at UBCO Heat Summer Sports Camps—where skill development meets sunshine, fun, and friendship! Led by current Heat student-athletes, alumni, and experienced coaches, our summer camps provide a positive, high-energy environment for players of all levels. Through engaging drills, game play, and age-appropriate tactical instruction, campers will gain confidence, sharpen their skills, and make new friends along the way. Whether it's basketball, soccer, ultimate athlete (run-jump-throw), or volleyball, participants will leave inspired, motivated, and ready to take their game to the next level.

Register soon as spaces are limited and camps fill quickly!

Register for FREE with coupon code GIRLSONLY.
Invoiced only if we meet the minimum requirement of 10 players.

Monday Nights
April - June
Gr 4/5
Gr 6/7

Spring League
Now Open

GIRLS ONLY

Westkhoops.ca
3X3

5V5
Guaranteed
2 home games
2 away games
1 Tournament

SCAN ME

BASKETBALL

LEARN TO PLAY
WITH THE PEACHLAND THUNDER

Tuesdays 5:15pm-6:00pm
APRIL 21ST - MAY 26TH
Cousins Field, Peachland
Ages 6 and Up!
GIRLS AND BOYS!!

New to Softball or want to improve your skills? Our Learn to Play Program teaches the basics in a fun, supportive environment. No experience needed - just come ready to have fun!!!!

***Parents - No need to cook dinner!!
Sign up for the Gasthaus Eat and Play
Inner Deal for all of our Athletes!***

TO REGISTER:
peachland.rampregistrations.com
CONTACT:
peachlandminorfastball@gmail.com

CANADA SAFETY COUNCIL
HOME ALONE & BABYSITTING COURSES

Kidz 4 Safety

ONLINE & IN-PERSON SESSIONS
Home Alone: Ages 9+ yrs | \$53
Babysitter Training: 10.5+ yrs | \$70

Register at:
www.babysittingkelowna.com
kidz4safety@gmail.com
or
call/text 250-317-2868

UBC Geering Up
Kelowna, Okanagan

Summer Camp Registration Now Open!

Take your STEM learning beyond the classroom!
Join our action-packed, hands-on summer day camps to explore the wonderful worlds of Science, Technology, Engineering, and Math! Build, explore, and design through our camps' interactive sessions.

All of our summer camps are taught by passionate, subject area expert university students and meticulously designed to tap into core foundational knowledge and speak to young curious minds.

Dive into Coding, Innovate in unique environments like our All Girls' camps, and more! Each week is a dynamic mix of hands-on activities, demonstrations, tours, mentors, and design challenges.

Limited bursaries available. Please scan the QR code to learn more.

A Glimpse of Geering Up Camps
Weekly programming from June 29th to September 3rd, 2026
9AM - 3PM (Before/After Care options available)
UBC Okanagan, Kelowna Campus
Grade Levels: 1-12 (Program themes vary)

Register Today!

For more info, visit:
bit.ly/kelownacamps

actua

WESTSIDE OUTLAWS

NOW OPEN!
SPRING REGISTRATION

U7 2019/2021
U9 2017/2018
U11 2015/2016
U13 2013/2014
U15 2011/2012
U17 2009/2010
U20 2006/07/08

REGISTER ON
WESTSIDEMINORFASTBALL.CA

MONDAY GAMES & PRACTICES U7 - \$75
TUES/THURS GAMES & PRACTICES U11 - \$205 U13 - \$240
MON/WED GAMES & PRACTICES U9 - \$125 U15 - \$225 U17 - \$255 U20 - \$255

GREAT CAMPS* PROFESSIONAL INSTRUCTION
CLASSES FILL EARLY-SIGN UP TODAY

RETRO SUMMER THEATRE CAMPS
-FOR YOUTH & TEENS-

LOCATIONS:
YOUTH CAMPS 8-12 STUDIO 100, ROTARY CENTRE FOR THE ARTS
POP 11 AND SUPERHERO CAMPS SUPERHERO CAMPUS ON
& 1275'S CROSSLANDS DR. THE WALKER IN THE WOODS PLAY TEEN MUSICAL THEATRE

THEATRE FOR ALL

STUDIO 100, ROTARY CENTRE FOR THE ARTS
WWW.NEWVINTAGE.CA