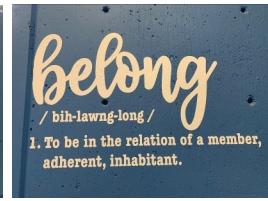




CONNECT · NURTURE · BELONG

Constable Neil Bruce Middle School



January 26 - January 30, 2026

Weekly Update

Happy Friday, everyone! Thank you to all of the parents/guardians who attended Paul Davis' presentation earlier this week; helping our students navigate the world of technology, social media in particular, is no easy task — so thank you for your continual work and support around building digital literacy skills for our students, your children. Beyond that, thank you to all of the host families who attended our Japan Exchange parent info night — we are so excited for the Japanese students' arrival in just over a month! As we look ahead, next week is the final week of Semester 1; starting on Monday, February 2, Semester 2 begins. Students' Explores (elective classes) will shift at that time, so please review your child's (or children's) schedule before then. In the meantime, stay warm out there!

Monday Skixwíw's	Tuesday sʔasłásqt	Wednesday skaʔɬásqt	Thursday smasqt	Friday sc̱kstasqt
January 26	January 27	January 28	January 29	January 30
DCBA F/S - Telemark Nordic Club (Outdoor Ed8) 9:10am - 11:55am 7pm PAC Meeting Via Zoom (see pg.3 for link)	HGFE	DCBA	HGFE	DCBA Semester 1 Ends Leadership Pep Rally - E block (1:35-2:20 & 2:25-3:10)
February 2 EFGH Semester 2 Begins Online Registration opens for non-enrolled CNB students	February 3 ABCD	February 4 EFGH F/S - James Lind Arena -Worrall/McKernan 9am-11:50am F/S - Telemark Nordic Centre - Morgan/Novak 9am-2:30pm	February 5 ABCD	February 6 EFGH F/S - Telemark Nordic Centre - Outdoor Ed8 Burdeniuk 9:15am-11:55am

PINK SHIRT DAY - FEB. 25, 2026

SD23 WHEELS Transition to Employment Program & Services creates opportunities for participants, with varying abilities, to develop the knowledge and skills needed for increased independence, connection to the community and the attainment and maintenance of employment, as they transition from secondary school to the world of work. CNB is happy to be offering shirts and hats for purchase in support of the program.

Please find the link below if you would like to purchase any of these items:

<https://centralokanagan.schoolcashonline.com/Fee/Details/97718/15/False/True>

Closing date is 12noon on Monday, February 9th.

Thank you for your support!



2026/2027 STUDENT REGISTRATION

Current CNB Students:

The online registration program will open on February 2 for the 2026/2027 school year. If your child currently attends CNB, in grades 6 and 7, they will automatically be re-enrolled to CNB this fall. CNB Students currently in grade 8 also do not need to register, they will automatically be enrolled into MBSS this fall.

Current Grade 5 Elementary Students:

Students currently attending, Chief Tomat, Hudson Rd, Mar Jok, Rose Valley, Shannon Lake and Sisisyusten House of Learning do not need to register online to attend CNB this fall. These students will automatically attend CNB.

CNB PAC - ZOOM MEETING

Topic: January CNB PAC Zoom

Time: Jan 26, 2026 07:00 PM Vancouver

Join Zoom Meeting

<https://us05web.zoom.us/j/83840643751?pwd=c8N2910W1oAxFb41bjDK5MSbXUr2kC.1>

Meeting ID: 838 4064 3751

Passcode: nUuD8t

President - Christina Ennis

Treasurer - Jenny Park

Secretary - Verena Roberts

COPAC Representative - Haley Gigg

Members at Large - Amy Rauscher, Cassandra White, Sara Ryttersgaard, Lisa Winia-Moe, Kristi Sawh

Vice President - Angie Braid

Co-Treasurer - Janelle Rhode



French Immersion Kindergarten
Informational Session: Tuesday, January 13, 2026
@ 6:00-7:00 pm Zoom Link: sd23.org/french
This meeting will be recorded and posted on the
District website

ONLINE APPLICATION for STUDENT ENROLLMENT begins on
Monday, February 2, 2026, at 7:00 am for 2026 - 2027 School Year
(for kindergarten, new students, and school of choice for K – 12)

Schools will be open at 7:00 am to provide support to parents that require assistance.
Documentation Submission Deadline: Friday, March 13, 2026

If you are new to Canada, please contact the Welcome Centre for enrollment information at (250)470-3258

HOW TO APPLY

PLEASE NOTE: The application process is online only. You are required to have a valid email account.

In your web browser type: <https://www.sd23.bc.ca/school-enrollment>

No internet access? Please contact your school for assistance.

Online applications begin on Monday, February 2, 2026 at 7:00 am. Applications will be assigned a date-time stamp on a first-come, first-served basis, which will factor into a student's placement priority.

Complete the online application as early as possible, and provide the required documents listed below directly to the school in by email or in person by Friday, March 13, 2026.

1. Student's Birth Certificate or other government issued proof of age and citizenship.
2. Proof of Parent/Guardian B.C. Residency
 - a. Combination BC Driver's License and Services Card (copy of both sides); or,
 - b. BC Services Card (copy of both sides) and one item from the list of Supporting Documentation (3.) below; or,
 - c. Proof of application for BC Medical Services Plan and one item from the list of Supporting Documentation below.
3. Supporting Documentation/Proof of Parent/Guardian Living Address
 - Ownership of a dwelling or long-term lease or rental of a dwelling;
 - Documentation Indicating British Columbia residence (i.e. utility bill);
 - British Columbia registration of an automobile;
 - British Columbia Driver's License (copy of both sides); or,
 - A current income tax return filed as a British Columbia resident.

AFTER Thursday, September 3, 2026

New in-catchment area enrollments: Parents will be notified by a confirmation email when the school has accepted the student's application for enrollment. Board Policy 405R – Student Placement (Regulations), will be used to determine student placement and priority.

New out-of-catchment area enrollments: Parents will not be notified until after the summer enrollment period is over and all in-catchment area students have been placed.

Qualifying age: The School Act requires that a child must be five years of age by December 31, 2026, to qualify for school enrollment in September 2026. No exceptions.

For further information, please visit the School District website www.sd23.bc.ca or call (250) 860-8888.

Follow us on Instagram!
@cnb_middle

We want to tell the story of our student learning experiences here at CNB. One of the ways we share those stories is through Instagram. Check it out and enjoy the pics!



CNB SUPPORT

Dear CNB Families,

At CNB, we believe that student well-being is the foundation for learning, growth, and belonging. We are fortunate to have two caring and highly skilled school counsellors who work daily to support the mental health and well-being of our students.

Our counsellors provide a safe, welcoming space for students to talk, reflect, and learn strategies for managing stress, relationships, and the many emotions that come with growing up. They work proactively with classes, support students individually or in small groups, and collaborate closely with families, teachers, and our learning support team.

We want families to know that students do not have to navigate challenges alone. If concerns arise, early support can make a meaningful difference. Please don't hesitate to reach out to the school if you feel your child may benefit from connecting with one of our counsellors.

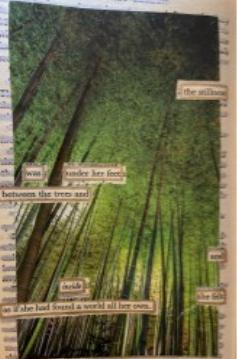
Together, we continue to connect, nurture, and ensure every student feels a strong sense of belonging.

Grade 6 Counselor: Ryan Kerluck: ryan.kerluck@sd23bc.ca

Grade 7 & 8 Counselor: Alison Gervais: alison.gervais@sd23.bc.ca

COHA 40th CENTRAL OKANAGAN HOSPICE ASSOCIATION

Expressive Arts Night for Teens
Create Your Own "Altered Book"



Date: **Tuesday, February 24th**

Time: **4pm-5:30pm (ages 13-19)**

Location: **#200-1890 Cooper Rd, Kelowna**

Discover a non-traditional way to write a story. Learn techniques from collage to black out poetry as you choose from a variety of books to create one that is uniquely yours. All materials will be provided and no art experience is required.

Central Okanagan Hospice Association, in collaboration with art therapist, Amy Van Dongen, is pleased to offer a special Expressive Arts Night for youth ages 13-19. An evening of artistic reflection and creativity for youth who have experienced the loss of a family member or friend. Registration is required and space is limited. There is no cost to attend.

To register, please call: **Andi Harvey 250.763.5511** Or email: andi@hospicecoha.org

COHA AUGUST CENTRE #200-1890 Cooper Rd. Kelowna, BC | P. 250.763.5511 | www.hospicecoha.org

Brave Hearts Club
Children's Grief and Loss Support Group



Where Healing Meets Connection

COHA CENTRAL OKANAGAN HOSPICE ASSOCIATION

Wednesdays from 4pm-5:30pm
January 28 - March 25
No session on February 11th

Central Okanagan Hospice Association is pleased to offer an eight week grief and loss support group for children ages 6-12 who have experienced the loss of a family member or friend through death.

A safe space to explore grief
Art, games, gentle discussion
Snacks and refreshments
No cost to attend

Registration is Required
Starts Jan 28th, 4pm-5:30pm
COHA August Center, #200-1890 Cooper Road
andi@hospicecoha.org 250.763.5511

CNB DROP OFF/PICK UP REMINDER

Please remember when dropping off or picking up, to keep the bus loop clear. We want to ensure we continue to keep traffic flow safe and moving slowly.





Constable Neil Bruce
Middle School

ATHLETICS



Constable Neil Bruce
Middle School

January 26 – 30					
	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
7:30 - 8:30	Grade 8 Girls Basketball Practice	Grade 6 Girls Basketball Practice	Grade 8 Boys Basketball Practice	Grade 7 Girls Basketball Practice	Grade 7 Boys Basketball Practice
Lunch	Grade 7 Girls Basketball	Intramurals		Intramurals	
Resource Weight Room Usage					
3:30 - 5:00	Grade 7 Boys Basketball Practice	Grade 6 Boys Basketball Practice	Grade 8 Girls Basketball Practice	Grade 6 Boys Basketball Practice	Grade 8 Boys Basketball Practice
5:00 - 8:30	Grade 8 Boys Basketball Games CNB 1 @ KLO tip-off @ 5:30 pm Bus depart CNB @ 4:30 pm Bus return to CNB @ 7:30 pm CNB 2 vs. DRK @ CNB tip-off @ 5:30 pm		Grade 8 Girls Basketball Game CNB vs. DRK @ CNB tip-off @ 7:00 pm		

AS OF JAN. 20 - [CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES](#)

Coach Contacts

6B Basketball—Michael.Burdeniuk@sd23.bc.ca and John.Buchanan@sd23.bc.ca

6G Basketball—Bj.Powlesland@sd23.bc.ca, Jennifer.Craig@sd23.bc.ca, and Tahnee.Pierson-Roberts@sd23.bc.ca

7B Basketball—Community coach Ryan, Patrick, and Jamie (Email Mr. Worrall)

7G Basketball— Andrew.Toth@sd23.bc.ca

8B Basketball— Winston.Wong@sd23.bc.ca and community coach: Tyler

8G Basketball—Brad.Vissia@sd23.bc.ca and Erika.Castellanosca@sd23.bc.ca

Athletic Director: Derek Worrall — derek.worrall@sd23.bc.ca



CNB CLUBS



Day	Club	Time	Room	Teacher Sponsor
Monday	Games Club	Lunchtime	123, Cub Hub	Ms. Jeffrey
Monday and Wednesday	Choir Club	7:45am – 8:45am	118, Downstairs	Ms. Chisholm
Tuesday	Knitting Club	Lunchtime	102, Downstairs	Ms. Robinson
Wednesday	Homework Club	8:30am – 9:00am	127, Gathering Room	Mrs. Morgan
Wednesday	Singing and Drumming Club	Lunchtime	127, Gathering Room	Mrs. Magnant and Mrs. Marcellay
Wednesday	Calm Club	Lunchtime	214, Upstairs	Mrs. Amorim
Wednesday	Popcorn Movie Club	Lunchtime	Port 6, Outside	Mr. Toth
Thursday	Art Club	3:30-4:30	125, Art Room	Ms. Young
Thursday	Hand Sewing Club	Lunchtime	211, Upstairs	Mrs. Fuller
Friday	Chess Club	Lunchtime	212, Upstairs	Mr. Gerrits
Friday	Gay Straight Alliance Club	Lunchtime	123, Cub Hub	Mr. Raupach
Friday	Colouring Club	Lunchtime	109, Downstairs	Ms. Stiles

LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program..

There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.



January 2026				
Mon	Tue	Wed	Thu	Fri
			1	2
WINTER BREAK				
EFGH School Reopens SUSHI	ABCD DRY GARLIC RIBS & SALAD	EFGH CHICKEN BURGER & VEG. & DIP	ABCD SWEET N SOUR MEATBALLS & RICE	EFGH PIZZA
CDAB BUTTER CHICKEN	GHEF SHEPHERDS PIE	CDAB TACO PASTA SALAD	GHEF CHICKEN & MOJO'S	CDAB PIZZA
FEHG SAMOSA'S	BADC CHICKEN NOODLE SOUP	FEHG BEEF BURGERS & VEG. & DIP	BADC WINGS & SALAD	FEHG PIZZA
DCBA LASAGNE	HGFE BBQ RIBETTE	DCBA POUTINE	HGFE TACO IN A BAG	DCBA PIZZA

COMMUNITY NEWS



A marquee-style poster for the movie 'Jumanji: Welcome to the Jungle'. The title 'JUMANJI' is in large, bold, yellow letters at the top, with 'Welcome to the Jungle' in smaller yellow letters below it. Below the title, the text 'Sunday, Feb 8' and '2:00 - 4:30 pm' is in red. To the right of the text is a detailed illustration of an African elephant. The bottom of the marquee features the text 'Westbank Lions Community Centre' and '\$5 per person' in red, along with the sentence 'Call 778-797-8800 to purchase tickets.' The marquee is framed by a red border with small white lights, set against a dark blue background.

A poster for Kelowna Minor Fastball Clinics. The top half features the text 'KELOWNA MINOR FASTBALL' in white, bold, sans-serif font, with 'IS HOSTING' and 'FREE' in smaller white text below it. A large white rounded rectangle contains the text 'LEARN TO PLAY' in large red font and 'FASTBALL CLINICS' in large black font. The bottom half has a red background. On the left, 'FREE CLINICS' is written in white, slanted text. In the center, there is a white QR code. To the right, the text 'FEBRUARY 14 & 15, 2026' is written in white. On the far left and right are circular images of children playing baseball. At the bottom, a stylized red 'HEAT' logo is to the left of the website 'www.kelownafastball.ca'.

An advertisement for Naked cafe's Jazz Night. The top left features the Naked cafe logo with '571 LAWRENCE AVE. DOWNTOWN KELOWNA'. The top right says '2ND FRIDAY OF EVERY MONTH 7:00 P. M.'. Below that, 'RESERVATIONS \$0' and 'RECOMMENDED FREE ADMISSION' are listed. The center features a large red circle with 'TREVOR SALLIUM PRESENTS' at the top and 'Jazz Night' in large white letters. Below the circle is the text 'WHERE MUSIC MEETS PLANT BASED MAGIC'. To the left, a band of musicians (saxophone, piano, bass, drums) is shown performing. To the right, a drum set is visible. The bottom left lists 'MONTHLY JAZZ JAM' with instruments: 'SAX', 'PIANO', 'BASS', and 'DRUMS'. The bottom right lists 'GREAT MUSIC, COMMUNITY, VIBRANT JAZZ SCENE, JAZZ STANDARDS, SURPRISES...'. A small banner at the bottom says '& MORE'.

A graphic for Kelowna Heat Softball Spring Registration. It features a stylized red 'HEAT' logo with a flame-like 'H'. Below it is the text 'SPRING REGISTRATION' in red, flanked by red chevron-like arrows pointing right and left. A large red 'NOW OPEN' button is centered. Below that, 'COMMUNITY DIVISIONS' is listed with age groups U7-U20. A red box contains 'SEASON RUNS FROM APRIL 6 - JUNE 28, 2026'. The website 'WWW.KELOWNAFASTBALL.CA' is in a large red font. A QR code is on the right. A small note at the bottom says 'THANK YOU FOR YOUR UNDERSTANDING'.