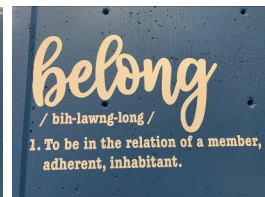
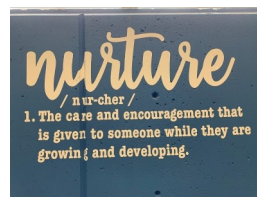




Constable Neil Bruce Middle School



January 26 - January 30, 2026

Weekly Update

Happy Friday, everyone! Thank you to all of the parents/guardians who attended Paul Davis' presentation earlier this week; helping our students navigate the world of technology, social media in particular, is no easy task — so thank you for your continual work and support around building digital literacy skills for our students, your children. Beyond that, thank you to all of the host families who attended our Japan Exchange parent info night — we are so excited for the Japanese students' arrival in just over a month! As we look ahead, next week is the final week of Semester 1; starting on Monday, February 2, Semester 2 begins. Students' Explores (elective classes) will shift at that time, so please review your child's (or children's) schedule before then. In the meantime, stay warm out there!

Monday Skixwíw's	Tuesday sʔaslásq̓t	Wednesday skaʔhlásq̓t	Thursday smasq̓t	Friday sc̓lkstasq̓t
January 26	January 27	January 28	January 29	January 30
DCBA F/S - Telemark Nordic Club (Outdoor Ed8) 9:10am - 11:55am 7pm PAC Meeting Via Zoom (see pg.3 for link)	HGFE	DCBA	HGFE	DCBA Semester 1 Ends Leadership Pep Rally - E block (1:35-2:20 & 2:25-3:10)
February 2	February 3	February 4	February 5	February 6
EFGH Semester 2 Begins Online Registration opens for non-enrolled CNB students	ABCD	EFGH F/S - James Lind Arena -Worrall/McKernan 9am-11:50am F/S - Telemark Nordic Centre - Morgan/Novak 9am-2:30pm	ABCD	EFGH F/S - Telemark Nordic Centre - Outdoor Ed8 Burdeniuk 9:15am-11:55am

PINK SHIRT DAY - FEB. 25, 2026

SD23 WHEELS Transition to Employment Program & Services creates opportunities for participants, with varying abilities, to develop the knowledge and skills needed for increased independence, connection to the community and the attainment and maintenance of employment, as they transition from secondary school to the world of work. CNB is happy to be offering shirts and hats for purchase in support of the program.

Please find the link below if you would like to purchase any of these items:.

<https://centralokanagan.schoolcashonline.com/Fee/Details/97718/15/False/True>

Closing date is 12noon on Monday, February 9th.

Thank you for your support!



2026/2027 STUDENT REGISTRATION

Current CNB Students:

The online registration program will open on February 2 for the 2026/2027 school year. If your child currently attends CNB, in grades 6 and 7, they will automatically be re-enrolled to CNB this fall. CNB Students currently in grade 8 also do not need to register, they will automatically be enrolled into MBSS this fall.

Current Grade 5 Elementary Students:

Students currently attending, Chief Tomat, Hudson Rd, Mar Jok, Rose Valley, Shannon Lake and Sensyusten House of Learning do not need to register online to attend CNB this fall. These students will automatically attend CNB.

CNB PAC - ZOOM MEETING

Topic: January CNB PAC Zoom

Time: Jan 26, 2026 07:00 PM Vancouver

Join Zoom Meeting

<https://us05web.zoom.us/j/83840643751?pwd=c8N291QW1oAXFb41bjDK5MSbXUUr2kC.1>

Meeting ID: 838 4064 3751

Passcode: nUuD8t



Central Okanagan
Public Schools
Together We Learn

French Immersion Kindergarten
Informational Session: Tuesday, January 13, 2026
@ 6:00-7:00 pm Zoom Link: sd23.org/french
This meeting will be recorded and posted on the District website

**ONLINE APPLICATION for STUDENT ENROLLMENT begins on
Monday, February 2, 2026, at 7:00 am for 2026 - 2027 School Year**
(for kindergarten, new students, and school of choice for K - 12)

Schools will be open at 7:00 am to provide support to parents that require assistance.
Documentation Submission Deadline: Friday, March 13, 2026

If you are new to Canada, please contact the Welcome Centre for enrollment information at (250)470-3258

HOW TO APPLY

PLEASE NOTE: The application process is online only. You are required to have a valid email account.

In your web browser type: <https://www.sd23.bc.ca/school-enrollment>

No internet access? Please contact your school for assistance.

Online applications begin on Monday, February 2, 2026 at 7:00 am. Applications will be assigned a date-time stamp on a first-come, first-served basis, which will factor into a student's placement priority.

Complete the online application as early as possible, and provide the required documents listed below directly to the school in by email or in person by Friday, March 13, 2026.

1. Student's Birth Certificate or other government issued proof of age and citizenship.
2. Proof of Parent/Guardian B.C. Residency
 - a. Combination BC Driver's License and Services Card (copy of both sides); or,
 - b. BC Services Card (copy of both sides) and one item from the list of Supporting Documentation (3.) below; or,
 - c. Proof of application for BC Medical Services Plan and one item from the list of Supporting Documentation below.
3. Supporting Documentation/Proof of Parent/Guardian Living Address
 - a. Ownership of a dwelling or long-term lease or rental of a dwelling;
 - b. Documentation indicating British Columbia residence (i.e. utility bill);
 - c. British Columbia registration of an automobile;
 - d. British Columbia Driver's License (copy of both sides); or,
 - e. A current income tax return filed as a British Columbia resident.

AFTER Thursday, September 3, 2026

New in-catchment area enrollments: Parents will be notified by a confirmation email when the school has accepted the student's application for enrollment. Board Policy 405R - Student Placement (Regulations), will be used to determine student placement and priority.

New out-of-catchment area enrollments: Parents will not be notified until after the summer enrollment period is over and all in-catchment area students have been placed.

Qualifying age: The School Act requires that a child must be five years of age by December 31, 2026, to qualify for school enrollment in September 2026. No exceptions.

For further information, please visit the School District website www.sd23.bc.ca or call (250) 860-8888.

President - Christina Ennis

Treasurer - Jenny Park

Secretary - Verena Roberts

COPAC Representative - Haley Gigg

Members at Large - Amy Rauscher, Cassandra White, Sara Ryttersgaard, Lisa Winia-Moe, Kristi Sawh

Vice President - Angie Braid

Co-Treasurer - Janelle Rhode

Follow us on Instagram!

@cnb_middle

We want to tell the story of our student learning experiences here at CNB. One of the ways we share those stories is through Instagram. Check it out and enjoy the pics!



CNB SUPPORT

Dear CNB Families,

At CNB, we believe that student well-being is the foundation for learning, growth, and belonging. We are fortunate to have two caring and highly skilled school counsellors who work daily to support the mental health and well-being of our students.


Our counsellors provide a safe, welcoming space for students to talk, reflect, and learn strategies for managing stress, relationships, and the many emotions that come with growing up. They work proactively with classes, support students individually or in small groups, and collaborate closely with families, teachers, and our learning support team.

We want families to know that students do not have to navigate challenges alone. If concerns arise, early support can make a meaningful difference. Please don't hesitate to reach out to the school if you feel your child may benefit from connecting with one of our counsellors.

Together, we continue to connect, nurture, and ensure every student feels a strong sense of belonging.

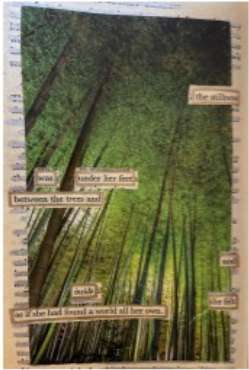
Grade 6 Counselor: Ryan Kerluck: ryan.kerluck@sd23bc.ca

Grade 7 & 8 Counselor: Alison Gervais: alison.gervais@sd23.bc.ca



Expressive Arts Night for Teens

Create Your Own "Altered Book"



Date: Tuesday, February 24th
Time: 4pm-5:30pm (ages 13-19)
Location: #200-1890 Cooper Rd, Kelowna

Discover a non-traditional way to write a story. Learn techniques from collage to black out poetry as you choose from a variety of books to create one that is uniquely yours.

All materials will be provided and no art experience is required.

Central Okanagan Hospice Association, in collaboration with art therapist, Amy Van Dongen, is pleased to offer a special Expressive Arts Night for youth ages 13-19.

An evening of artistic reflection and creativity for youth who have experienced the loss of a family member or friend.

Registration is required and space is limited.

There is no cost to attend.

To register, please call: Andi Harvey 250.763.5511
Or email: andi@hospicecoha.org

COHA AUGUST CENTRE #200-1890 Cooper Rd, Kelowna, BC | P. 250.763.5511 | www.hospicecoha.org

Brave Hearts Club

Children's Grief and Loss Support Group



Where Healing Meets connection

Wednesdays from 4pm-5:30pm
January 28 - March 25
No session on February 11th

Central Okanagan Hospice Association is pleased to offer an eight week grief and loss support group for children ages 6-12 who have experienced the loss of a family member or friend through death.

- ♥ A safe space to explore grief
- ♥ Art, games, gentle discussion
- ♥ Snacks and refreshments

No cost to attend



Registration is Required andi@hospicecoha.org
Starts Jan 28th, 4pm-5:30pm 250.763.5511
COHA August Center, #200-1890 Cooper Road

CNB DROP OFF/PICK UP REMINDER

Please remember when dropping off or picking up, to keep the bus loop clear. We want to ensure we continue to keep traffic flow safe and moving slowly.





Constable Neil Bruce
Middle School

ATHLETICS



Constable Neil Bruce
Middle School

January 26 – 30					
	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
7:30 - 8:30	Grade 8 Girls Basketball Practice	Grade 6 Girls Basketball Practice	Grade 8 Boys Basketball Practice	Grade 7 Girls Basketball Practice	Grade 7 Boys Basketball Practice
Lunch	Grade 7 Girls Basketball	Intramurals		Intramurals	
	Resource Weight Room Usage				
3:30 - 5:00	Grade 7 Boys Basketball Practice	Grade 6 Boys Basketball Practice	Grade 8 Girls Basketball Practice	Grade 6 Boys Basketball Practice	Grade 8 Boys Basketball Practice
5:00 - 8:30	Grade 8 Boys Basketball Games CNB 1 @ KLO tip-off @ 5:30 pm Bus depart CNB @ 4:30 pm Bus return to CNB @ 7:30 pm CNB 2 vs. DRK @ CNB tip-off @ 5:30 pm		Grade 8 Girls Basketball Game CNB vs. DRK @ CNB tip-off @ 7:00 pm		

AS OF JAN. 20 - [CLICK HERE FOR THE MOST UP-TO-DATE DISTRICT SCHEDULES](#)

Coach Contacts

6B Basketball – Michael.Burdeniuk@sd23.bc.ca and John.Buchanan@sd23.bc.ca

6G Basketball – Bj.Powlesland@sd23.bc.ca, Jennifer.Craig@sd23.bc.ca, and Tahnee.Pierson-Roberts@sd23.bc.ca

7B Basketball – Community coach Ryan, Patrick, and Jamie (Email Mr. Worrall)

7G Basketball – Andrew.Toth@sd23.bc.ca

8B Basketball – Winston.Wong@sd23.bc.ca and community coach: Tyler

8G Basketball – Brad.Vissia@sd23.bc.ca and Erika.Castellanosca@sd23.bc.ca

Athletic Director: Derek Worrall – derek.worrall@sd23.bc.ca



CNB CLUBS



Day	Club	Time	Room	Teacher Sponsor
Monday	Games Club	Lunchtime	123, Cub Hub	Ms. Jeffrey
Monday and Wednesday	Choir Club	7:45am – 8:45am	118, Downstairs	Ms. Chisholm
Tuesday	Knitting Club	Lunchtime	102, Downstairs	Ms. Robinson
Wednesday	Homework Club	8:30am – 9:00am	127, Gathering Room	Mrs. Morgan
Wednesday	Singing and Drumming Club	Lunchtime	127, Gathering Room	Mrs. Magnant and Mrs. Marcellay
Wednesday	Calm Club	Lunchtime	214, Upstairs	Mrs. Amorim
Wednesday	Popcorn Movie Club	Lunchtime	Port 6, Outside	Mr. Toth
Thursday	Art Club	3:30-4:30	125, Art Room	Ms. Young
Thursday	Hand Sewing Club	Lunchtime	211, Upstairs	Mrs. Fuller
Friday	Chess Club	Lunchtime	212, Upstairs	Mr. Gerrits
Friday	Gay Straight Alliance Club	Lunchtime	123, Cub Hub	Mr. Raupach
Friday	Colouring Club	Lunchtime	109, Downstairs	Ms. Stiles

LUNCH MEAL PROGRAM

Here's the menu for our daily lunch program..

There will be limited quantities of meals each day, sold after the students on our lunch program have been served.

The Monday through Thursday meals are sold for \$6, and each slice of pizza on Fridays costs \$3.75.



January 2026				
Mon	Tue	Wed	Thu	Fri
			¹	²
WINTER BREAK				
EFGH ⁵ School Reopens SUSHI	ABCD ⁶ DRY GARLIC RIBS & SALAD	EFGH ⁷ CHICKEN BURGER & VEG. & DIP	ABCD ⁸ SWEET N SOUR MEATBALLS & RICE	EFGH ⁹ PIZZA
CDAB ¹² BUTTER CHICKEN	GHEF ¹³ SHEPHERDS PIE	CDAB ¹⁴ TACO PASTA SALAD	GHEF ¹⁵ CHICKEN & MOJO'S	CDAB ¹⁶ PIZZA
FEHG ¹⁹ SAMOSA'S	BADC ²⁰ CHICKEN NOODLE SOUP	FEHG ²¹ BEEF BURGERS & VEG.&DIP	BADC ²² WINGS & SALAD	FEHG ²³ PIZZA
DCBA ²⁶ LASAGNE	HGFE ²⁷ BBQ RIBETTE	DCBA ²⁸ POUTINE	HGFE ²⁹ TACO IN A BAG	DCBA ³⁰ PIZZA

COMMUNITY NEWS



Spring League Now Open
BASKETBALL
westhoops.ca

HOUSE LEAGUES
CAMPS & CLINICS
COMPETITIVE TEAMS
YOUTH AGES 5 TO 18
SMALL GROUP & PRIVATE TRAINING

3X3



JUMANJI
Welcome to the Jungle

Sunday, Feb 8
2:00 - 4:30 pm
Westbank Lions Community Centre

\$5 per person
Call 778-797-8800 to purchase tickets.

FAMILY FLICKS
Family Day Edition

Learn more at: westkelownacity.ca/cityevents



KELOWNA MINOR FASTBALL
IS HOSTING **FREE**

LEARN TO PLAY FASTBALL CLINICS

FREE CLINICS

- U7: born 2019/2020
- U9: born 2017/2018
- U11: born 2015/2016
- U13: born 2013/2014

FEBRUARY 14 & 15, 2026

HEAT

www.kelownafastball.ca



Naked cafe
571 LAWRENCE AVE.
DOWNTOWN KELOWNA

2ND FRIDAY OF EVERY MONTH
7:00 P. M.

RESERVATIONS RECOMMENDED
COVER CHARGE \$0 FREE ADMISSION

Come hungry for delicious, plant based food, thirst quenching beverages, and a night you won't forget...

TREVOR SALLOUM PRESENTS
Jazz Night
"WHERE MUSIC MEETS PLANT BASED MAGIC"

778.484.5640
To reserve your table

MONTHLY JAZZ JAM
SAX BASS PIANO DRUMS

GREAT MUSIC, COMMUNITY, VIBRANT JAZZ SCENE, JAZZ STANDARDS, SURPRISES... & MORE



OSO
OKANAGAN SYMPHONY ORCHESTRA

JULIAN CONDUCTS TCHAIKOVSKY

February 6, 7 & 8

- 6 Friday 7:00pm Kelowna Community Theatre
- 7 Saturday 2:00pm Penicton's Cleland Theatre
- 8 Sunday 2:00pm Vernon & District Performing Arts Centre

JULIAN PELLICANO
NEW MD'S CONDUCTING DEBUT

OSYO

WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE PROVINCE OF BRITISH COLUMBIA

SEASON SPONSOR: PEARL JEWELLERS

CONCERT SERIES PARTNERS: JUDY & GRAHAM BURNS



HEAT

SPRING REGISTRATION NOW OPEN

COMMUNITY DIVISIONS
U7, U9, U11, U13, U15, U17, U20

SEASON RUNS FROM APRIL 6 - JUNE 28, 2026

WWW.KELOWNAFASTBALL.CA

NEW FOR 2026: SOFTBALL BC CHARGES AN ANNUAL REGISTRATION FEE OF \$30-\$45 PER PLAYER (DEPENDENT ON YOUR AGE CATEGORY). IN THE PAST, KMFS HAS PAID THIS FEE TO SOFTBALL BC OUT OF YOUR REGISTRATION FEES. THIS YEAR, SOFTBALL BC REQUIRES DIRECT PAYMENT BEFORE REGISTERING WITH YOUR ASSOCIATION. WE HAVE REDUCED OUR REGISTRATION FEES ACCORDINGLY. PLEASE USE OUR REGISTRATION LINK AND YOU WILL BE PROMPTED TO PAY SOFTBALL BC PRIOR TO REGISTERING WITH KMFS. THANK YOU FOR YOUR UNDERSTANDING.



NEW VINTAGE THEATRE

THEATRE CLASSES
Winter 2026

YOUTH CLASSES (AGES 6-11)
MISSION POSSIBLE-A SPY STORY SATURDAYS, 10-11AM
K-POP MUSICAL THEATRE CLASS-ORIGIN STORY SATURDAYS, 1-2PM OR MONDAYS, 4-5:30PM
ALICE IN WONDERLAND SATURDAYS, 2-3PM

TEEN CLASSES (AGES 12-17)
DOWN A DARK HALL-MYSTERY PLAY SATURDAYS, 11-12:30PM

ADULT CLASSES
IMPROV GAMES NIGHT MONDAYS, 5:30-7PM
LET'S MAKE A MURDER MYSTERY MONDAYS, 7-8:30PM
DIRECTING & PLAYWRITING WORKSHOPS-JANUARY & FEBRUARY

SPRING BREAK CAMPS-MARCH
WEEK #1-SING! DANCE! ACT!-YOUTH
WEEK #2-HEROES & VILLAINS-YOUTH
WEEK #3-MUSICAL THEATRE-TEENS

NEWVINTAGE.CA



Family Day Fun at MNP Place

Monday, Feb. 16, 2026
1 - 4 p.m.

Free! Donations are greatly appreciated in support of Central Okanagan Search & Rescue.

Featuring fun and games for the whole family, including a Park & Play bouncy castle, active games, try-it sports scavenger hunt, and free dating! Skate rentals available on site, make sure to bring your own helmet.

Plus win prizes!

City of Kelowna



ROLLIN' WITH THE THUNDER
ONE COURT. ONE COMMUNITY.

Join us to empower youth through wheelchair basketball and support inclusivity in sport. Watch Okanagan Thunder take on the CNB Cubs in a wheelchair basketball showdown!

THUNDER JR VS CNB CUBS

DATE: SATURDAY, APRIL 11, 2026
10:00AM - 12:30PM

LOCATION: CNB MIDDLE SCHOOL
2010 DAIMLER DRIVE, WEST KELOWNA

TICKETS AVAILABLE AT THE DOOR | \$10 EACH

DOORS OPEN | WARM-UP | CONCESSION @ 10AM
GAME ON @ 11AM

LUNCH BBQ SPONSORED BY ACCESSIBLE OKANAGAN @ 12NOON
LUNCH - MINIMUM \$5 DONATION

CASH OR ETRANSFER

All proceeds support Okanagan Jr. Thunder Wheelchair Basketball Club
Facility rental fees | Tournament travel | Coaching certification | Wheelchair maintenance