CNB Cub Courier Newsletter

Monday, October 26, 2026 - Friday, October 30, 2026

Week at a Glance



Monday / skixʷíẁs: October 26 - (HGFE)

- PJ Day
- PAC Meeting 7PM via ZOOM

Tuesday / sʔasl̓ásq̓t : October 27 - (DCBA)

- Twin Day
- Field Study - Wild Horse Disc Golf Course - Outdoor Ed8 - 9:20am - 11:30am

Wednesday / skaʔɬlásq̓t: October 28 - (HGFE)

- Purple, Orange and Black Day
- Field Study - Choral Retreat - Choir 6,7,8 - 9am - 4:30pm

Thursday / smasq̓t : October 29 - (DCBA)

- Someone Else Day
- Kindness Campaign Celebration Presentation 11:30am

Friday / scl̓kstasq̓t : October 30 - (HGFE)

- Costume Day
- PAC Treat Sale - 3:15pm in MPR

Full CNB Calendar HERE

Rotary CNB Student of the Month

Celebrating Our October *Service Above Self* Award Winners

We are proud to recognize **Helen Weatherbee (Gr 7)** and **June Ewanchuk (Gr 8)** as our October recipients of the **Service Above Self Student Award**, presented in partnership with the West Kelowna Rotary Club. This award celebrates students who make a difference through their kindness, generosity, commitment to others, and leadership through service.



Helen and June are wonderful examples of what it means to be a **CNB Cub**. They show genuine care for those around them and make a positive difference through the little things they do each day. Their thoughtfulness, compassion, and willingness to support others helps make CNB a place where students feel welcomed, included, and valued. They remind us that leadership isn't always about being in the spotlight; often, it's about the everyday choices we make to lift others up and strengthen our community.

Helen and June embody our CNB learning priorities in so many ways:

- **Connect** — They build positive relationships and help others feel noticed, welcomed, and appreciated.
- **Nurture** — They show care for others through their kindness, encouragement, and willingness to lend a hand.
- **Belong** — They help create a school community where everyone is treated with respect and feels included.



Congratulations, Helen and June! Thank you for the difference you make at CNB and for showing us what it truly means to lead through service.

Halloween Spirit Week



- Leadership students are excited for Halloween Spirit Week:
  - Monday October 26: There is a halloween booklet for connection time! There will be a Halloween movie starting in the MPR at lunch and the **theme is PJ day**!
  - Tuesday October 27: Coloring contest starts in the library and for lunch we will have leadership trick or treating! The **theme for that day will be twin day**, so pick a partner and twin with them!
  - Wednesday October 28: For connection time, there's a filmed cubby jumpscare video to watch! At lunch we will play zombie tag with the whole school and the **theme is dress in black, orange and purple**!
  - Thursday October 29: During connection time we will play the missing cubby video and then at lunch you can search for mini cutouts of cubby! The **theme is to dress as someone else**!
  - Friday October 30: Leadership students will judge the door decorating and coloring contests. **Wear your costume**, and enter the costume contest at lunch!

Show your CNB support and have some fun dressing up!

Halloween Costumes - What's Allowed and What's Not

Happy Halloween, Cubs!

We're looking forward to a fun day of Halloween celebrations on Friday Oct. 30! Our leadership students and teachers have been busy preparing a Halloween parade in the gym during lunch. To



help make the day fun, safe, and inclusive for everyone, please review a few guidelines for costumes.

Costumes should be school-appropriate.

- Masks may be worn during the Halloween parade in the gym but must be removed for the remainder of the school day.
- Costumes must not include dangerous accessories, such as toy guns, swords, or other weapons.
- We encourage students to be creative and have fun while choosing costumes that celebrate the spirit of Halloween and show respect for everyone in our school community. Our school is made up of people with many different cultures, religions, identities, and beliefs. Please choose costumes that are welcoming and respectful of these differences so that everyone feels safe, valued, and included.

We can't wait to see the creativity, school spirit, and Halloween fun our Cubs bring!

PAC Zoom Meeting - 7PM on Monday, Oct. 26



PAC meeting will be held via zoom at 7pm on Monday, Oct. 26th.

Topic: CNB PAC October Zoom
Time: Oct 26, 2026 07:00 PM Vancouver

Join Zoom Meeting

Meeting chat link

Meeting ID: 879 2155 1443
Passcode: 2i3NrZ

Treat Sale - Friday, October 30



Our CNB PAC sponsors the amazing Treat Sale on October 30. Treats go on sale, after school in our Multi Purpose room and cost $1- $2.

Thank you for your support!

The Family Hub - West Kelowna is now open!

The Family Hub – West Kelowna is now open!

Message from Central Okanagan Family Hub:
We are excited to share some wonderful news with you!
The Family Hub – 2670 Cameron Road, West Kelowna is now open! 🎉
This is an exciting milestone for our community, and we are looking forward to building strong connections and creating a welcoming space where West Kelowna families can feel supported, connected, and at home.

Here's to a wonderful new beginning and stronger connections for our community! 💜

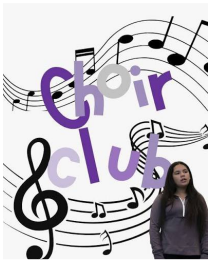


Student Clubs

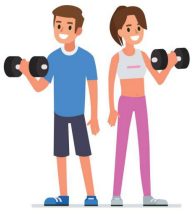
All student clubs are drop in and no experience necessary. All are welcome!

CNB Clubs

Day	Club	Time	Room	Teacher Sponsor
Monday and Wednesday	Choir Club	7:45am – 8:45am	118	Ms. Chisholm
Tuesday	Movie Club	Lunchtime	Port 6	Mr. Toth
* 2nd – Tuesday of the Month	Youth & Senior Club	Lunchtime	211	Mrs. Fuller
Wednesday	Homework Club	8:30am – 9:00am	127	Ms. Michelle and Ms. Jo
Wednesday	Dance Club	Lunchtime	112	Ms. Siegmann and Mrs. Preston
Wednesday	Singing and Drumming Club	Lunchtime	127	Ms. Michelle and Ms. Jo
Wednesday	Calm Club	Lunchtime	203	Mr. Walley and Mr. Fournie
Wednesday	Pokémon Club	Lunchtime	105	Ms. Harsch
Thursday	Movie Club	Lunchtime	111	Mr. Luff
Thursday	Art Club	3:30-4:30	125	Ms. Young
* 2nd – Thursday of the Month	Youth & Senior Club	Lunchtime	211	Mrs. Fuller
Friday	Knitting Club	8:30am-8:55am	103	Mrs. Hagen
Friday	Chess Club	Lunchtime	Port 2	Mr. Ortwein
Friday	Gay Straight Alliance Club	Lunchtime	123	Ms. Bush and Ms. Harsch
Friday	Colouring Club	Lunchtime	202	Ms. Novak
Friday	Card Game Club	Lunchtime	102	Ms. Robinson
Tues, Wed, Thurs	Fitness Club	8:30 - 9:00am	Weight Room	CEA'S
Tues, Wed, Thurs	Homework Club	8:30 – 9:00am	Library	CEA'S







🏅 Athletics

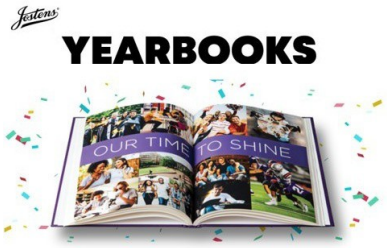
For Athletics inquiries, please contact derek.worrall@sd23.bc.ca



All CNB athletic team information can be found at this link: **CNB Athletic Information**
This is a "live" document so check back often for updates.

Grade 8 basketball registration is happening right now. Check out the registration link above to join. Please Note: Grade 6 and 7 basketball starts after winter break.

Yearbook



Our CNB 2026-2027 Yearbook is now available for purchase. You can buy your child's school cashonline account or cash at the school office. Earlybird price is $45 so don't delay. This is an optional purchase.

Thank you for your support!

Reporting Absences, Late Arrivals or Early Dismissals

If your child will be absent, arriving late, or signed out early, please be sure to put it into our School Messenger system.

Attendance reporting can be done three ways:

1. Go to http://go.schoolmessenger.ca/
2. Phone the school (250-870-5177) and press “1” to access the automated system
3. Download the School Messenger App and follow the prompts

Paying School Fees

Please go to **School Cash Online** to pay for your child's school fees. These fees help to cover costs of school events, supplies and field studies throughout the year.

If you are having difficulties with School Cash Online, please contact the parent support line at 1-866-961-1803 or email parenthelp@schoolcashonline.com

If you prefer to pay cash, please come to the school office.

Please contact the CNB Administration team if you are facing a financial hardship that may restrict the ability of your child to access a school program so we can help with financial matters.

Food at CNB

Breakfast

During the school year, there is food available every morning for any students who need it. No need to sign up - just stop by the Cafeteria in the MPR for some good brain food before a day of learning.

Lunch

Our daily lunch meal program is provided at the Kitchen/Cafeteria located in the MPR. The meals offered range from, shepherds pie, burgers, pasta, butter chicken, chili, etc. Each month we will post the meal items for each day.



Students can get lunch food three ways:
1. MONTHLY PAY - Pay monthly on your child's fee account (SchoolCashOnline) and receive the daily meal all month long
2. SCHOOL SPONSORED LUNCH - Please email cnb@sd23.bc.ca if your family could use financial support for food and you will be added to the school sponsored list where you receive the daily meal at no cost.
3. CASH SALES: Limited quantities of meals each day are sold after the students on our lunch program have been served. The Monday through Thursday meals are sold at $6.50 and on Fridays, each pizza slice is sold for $3.75

For more information, click **HERE**.

Snacks at the Den (School Store)

During the lunch hour each day of the week during the school year, The Den (School Store), offers the students the opportunity to enjoy a fun treat.
Some items for sales are drinks, noodles, chips, cookies, crackers, pepperoni, fruit snacks, etc. Everything is $1 or $2.

The store is run by parent volunteers on the PAC team. All the profits are donated back to the school where the PAC will fund various school level initiatives.

Lunch at the School Cafeteria this Week

October Meals 2026

18	19 FEHG SHEPHERDS PIE	20 BADC HOT DOG & VEG's	21 FEHG Early Dismissal 11:55am Parent/Teacher Conferences 4:00pm	22 BADC PIZZA	23 Professional Development Day - NO SCHOOL	24
25	26 HGFE LASAGNE	27 DCBA CHICKEN BURGER & VEG's	28 HGFE SAMOSA	29 DCBA SUSHI	30 HGFE PIZZA	31

Fundraising

Return-It Express

CNB has an ongoing fundraiser with Return-It Express. Please consider supporting our Leadership students when returning your cans/bottles.



Nature's Fare 3% Community Club

CNB's Parent Advisory Council (PAC) has an ongoing fundraiser with Nature's Fare. Please drop your Nature's Fare receipts in the club box at the school office and the PAC will submit them for a 3% cash back donation to the school.

Nature's Fare Markets

Community Events & Resources



Parent Information Night for Child Safety Nov.4



Club Volleyball



Rotary Centre for the Arts - 2027 Camps

Youth Art, Writing, and Video Contest

Share what Remembrance Means to You.
Enter for a chance to win!
Learn more at https://www.remembrancecontests.ca/



Any questions?

Please contact the CNB Office
Hours: 8:00 AM - 4:00 PM
Phone: 250-870-5177
Email: cnb@sd23.bc.ca
Website: https://cnb.sd23.bc.ca

We acknowledge that we are learning on
the traditional and unceded territory of the Okanagan syilx people.

